

May 1-15, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
*6:00am	Lap Swimming	Closed	Loonie Toonie 5:45-6:45am	Closed		Closed	Closed	
*6:30am		KSC 6:30-7:30 Lane 6	Neptunes 6:30-7:30 Lane 5,6	Lap Swimming	Neptunes 6:30-7:30 (1,2)			
*7:00am					KSC 6:30-7:30 (6)			
*7:30am		Lap Swimming	Lap Swimming		Lap Swimming			Lap Swimming
*8:00am	Aquafit Lanes 1,2,3 8am-9am				Aquafit Lanes 1,2,3 8am-9am			
*8:30am								
*9:00am	Lap Swimming	School lessons lanes 1,2,3,4 teach, leisure 2 public lanes	Aquafit 9am-10am senior swim 9:30-10:30 lane 5,6	School lessons lanes 1,2,3,4 teach, leisure 2 public lanes	School lessons lanes 1,2,3,4 teach, leisure 2 public lanes	Lap Swimming	Lap Swimming	
*9:30am	senior swim 9:30-10:30 lane 5,6		Public 3,4					
*10:00am	Public 3,4		Public 3,4					
*10:30am	AquaFit Lanes 1,2,3,4 10:30-11:30		Aquafit Lanes 1,2,3,4 10:30-11:30		AquaFit Lanes 1,2,3,4 10:30-11:30			Red Cross 10:30-1:30pm leisure, teach lane 5,6
*11:00am	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming				
*11:30am	Lap Swimming							
*12:00pm	Aquafit Lanes 1,2,3 12-12:45		Aquafit Lanes 1,2,3 12-12:45	Lap Swimming	Aquafit Lanes 1,2,3 12-12:45			
*12:30pm								
*1:00pm	Lap Swimming	Lap Swimming	Lap Swimming	School Lesson	School lessons	Public Swimming	Public Swimming	
*1:30pm								
*2:00pm								
*2:30pm								
*3:00pm			Barrier free 3-3:30 Lane1		Lap Swimming			
*3:30pm	Synchro 3:30-4pm (1,2) 4-6pm (1,2,3)	Synchro 3:45-6:00PM Lanes 1,2	3:30-5 Lane4 JLC 3:45-4:45 Lane 2,3	Synchro 3:30-6:00PM Lanes 1,2,3				
*4:00pm	Red Cross lessons 4-6pm all pools	Neptunes 1/2 Shallow 4:15- 5:45	Neptunes 1/2 Shallow 4:15- 5:45	Neptunes 1/2 Shallow 4:15- 5:45	Red cross lessons 4-6pm all pools			
*4:30pm		Red Cross lessons 4-7pm all pools	Neptunes 5-7:30pm Lanes 1,2,3	Neptunes 5-6:00pm Lanes 5,6	Loonie Toonie 5:30-6:30pm			
*5:00pm	Neptunes 5-6:00pm Lanes 5,6 Neptunes 6-7:30pm Lanes 4,5,6	Neptunes 5-6:00pm Lanes 5,6 6-7:30pm Lanes 4,5,6	KSC 6:30-7:30 Lane 5,6	Neptunes 6-7:30pm Lanes 4,5,6				
*5:30pm		KSC 6:30-7:30 Lane 1,2	KSC 6:30-7:30 Lane 1,2	KSC 6:30-7:30 Lane 1,2	Public Swimming			
*6:00pm		7:30-8:30 Lane 1	7:30-8:30 Lane 6	7:30-8:30 Lane 1				
*6:30pm		Lap Swimming	Lap Swimming	Lap Swimming				
*7:00pm								
*7:30pm								
*8:00pm	Public Swimming							
*8:30pm						Closed	Closed	
*9:00pm								
*9:30pm								

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****Public space may be limited during lessons & programs***

Lap swimming

Lap swimming guarantees **3** lap lanes

2 lanes available for lap swim during school lessons

Public swim guarantees one of the following features open: Diving board, Cliff or Rope Swing

Lessons

Barrier Free = Wednesdays - 3pm Lane 1, 3:30-5pm Lane 4

Junior Lifeguard Club = Wednesdays - 3:45-4:45pm

Closures

Friday May 20th - Closed

No lap lane

Tuesday 5-6:00pm