

CRESTON

ADMISSION, HOURS + SCHEDULES

January 5th to
March 15th, 2025



To view the guide and register online visit rdck.ca/recreation or call 250.428.7127



Creston & District
Community Complex

WINTER HOURS

January 5 – March 15, 2025

Hours of Operation are subject to change

	SUN	MON	TUE	WED	THU	FRI	SAT
AQUATIC CENTRE	1:00 - 6:00pm	6:30am - 1:00pm 3:30 - 8:00pm	8:00am - 1:00pm 3:30 - 8:00pm	6:30am - 1:00pm 3:30 - 8:00pm	8:00am - 1:00pm 3:30 - 8:00pm	6:30am - 1:00pm 3:30 - 8:00pm	9:00am - 6:00pm
FITNESS CENTRE	1:00 - 6:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	6:00am - 8:00pm	8:00am - 6:00pm

POOL ENTRANCE AGE: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arm's reach of a parent or guardian 16 years of age or older.

GENERAL ADMISSION RATES

	DROP-IN	10-PUNCH*
Child (0-4)	Free	-
Youth (5-18)	\$4.04	\$36.36
Adult (19-74)	\$8.08	\$72.72
Golden Guest (75+)	Free	-
Family (2 adults and up to 4 dependent children)	\$16.16	-

Prices do not include taxes. *10-punch passes expire 12 months from date of purchase

- Leisure Access Program rates apply.
- Reservations are available for specific programs in advance.
- Youth 13-15 years of age are required to participate in the Youth Weight Room orientations before they can access the Fitness Centre.

ACTIVE PROGRAM

The Active Program is a time-based membership that gives pass-holders unlimited general admission to: Public Swim, Lane Swim, Hot Tub, Fitness Centre, Included with Admission group fitness classes, Public Skate, and Shiny Hockey. Prices do not include tax.

	ACTIVE PROGRAM FEES		
	1 Month	3 Month	6 Month
Adult	\$72.72	\$185.44	\$327.24
Youth	\$36.36	\$92.72	\$163.62
2nd Adult	\$65.48	\$166.90	\$294.52
2nd Youth	\$32.74	\$83.45	\$147.26

Terms and conditions: To receive 2nd Adult or 2nd Youth pass discounts, pass holders must reside in the same household and must be purchased at the same time and of the same duration as regular Adult or Youth passes.

HOLIDAY HOURS

HOLIDAY CLOSURES

Christmas Day
New Year's Day

HOLIDAYS OPEN

1:00-5:00pm

Boxing Day
Family Day

EARLY CLOSURES

4:00pm

Christmas Eve
New Year's Eve

LEISURE ACCESS PROGRAM

This program provides low income families and individuals in our community with an opportunity to participate in recreation programs and services.

Residents of the RDCK are eligible for this program. It is based on the combined annual household income and must be re-applied for each year.

The program is undergoing changes to increase access for RDCK residents. All current pass holders for the 2023/2024 season, will have their pass extended until Dec 31, 2024. New application and program details will be available later in the summer.

POOL SCHEDULE

January 5 - March 15, 2025

Schedule is subject to change.

SAVE THE DATES! WIBIT DAYS on the 2nd & 4th Sunday of the month! Pro-D-Day, January 20 and February 14, the pool will be open 6:30am -8:00pm with no mid day shut down. **WIBIT** will be out 1-2:30pm for extra FUN!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			LAPS & LEISURE 6:30-8:00am		LAPS & LEISURE 6:30-8:00am	
	AQUA RUNNING 7:30-8:15am					
	CARDIO TONE 8:30-9:15am		CARDIO JAMS 8:30-9:15am	CARDIO TONE 8:30-9:15am	CARDIO JAMS 8:30-9:15am	
			GENTLE JOINTS 9:30-10:15am	LEISURE SWIM 8:00am-1:00pm	GENTLE JOINTS 9:30-10:15am	
	LEISURE SWIM 6:30am-1:00pm	LEISURE SWIM 8:00am-1:00pm	LEISURE SWIM 8:30am-1:00pm	AQUA CONDITIONING 10:30-11:15am	LEISURE SWIM 8:30am-1:00pm	LEISURE SWIM 9:00am-6:00pm
FUN SWIM 1:00-6:00pm <i>Wibit swim from 1:00 - 2:30 pm on 2nd & 4th Sunday of the month</i>						
	LEISURE SWIM 3:30-5:30pm					
		LEISURE SWIM 3:30-7:00pm	LEISURE SWIM 3:30-7:00pm	LEISURE SWIM 3:30-7:00pm	LEISURE SWIM 3:30-7:00pm	
	HUSH - SENSORY FRIENDLY SWIM & SOAK 5:30-7:00pm					
	LAPS & LEISURE 7:00-8:00pm	LAPS & LEISURE 7:00-8:00pm	LAPS & LEISURE 7:00-8:00pm	LAPS & LEISURE 7:00-8:00pm	LAPS & LEISURE 7:00-8:00pm	

*ADMISSION POLICY: Children 7 years of age and older can access the pool without adult supervision. Children 6 years of age and under must be within arms' reach of a responsible adult 16 years of age or older. Each adult may supervise a maximum of 3 children.

Leisure Swim Pool layout at lifeguards' discretion. 1+ lane, leisure pool and hot areas available.	Laps & Leisure 3 lanes, leisure pool and hot areas available.	Fun Swim A fun feature (rock wall or diving board) will be open	Included with Admission Program See next page for details.	Hush Sensory Friendly Swim & Soak Inclusive quiet leisure swim. Music and all water features will be off and not available for this time.
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FITNESS SCHEDULE

January 6 - March 29, 2025

Included with Admission or Active Pass

Pre Registered Program

All programs are located at the Creston & District Community Complex

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 - 10:00 HATHA YOGA	9:00 - 10:00 CORE N MORE	9:00 - 10:00 GROUP CIRCUIT	9:00 - 10:00 FUNCTIONAL FITNESS	9:00 - 10:00 HATHA YOGA
	10:15-11:15 TAI CHI BEGINNER		10:15-11:15 TAI CHI INTERMEDIATE	
		11:15 - 12:15 MOVE TO IMPROVE <i>Kootenay Room</i>		11:15 - 12:15 MOVE TO IMPROVE <i>Fitness Studio</i>
4:30 - 5:30 FULL BODY GROUP X <i>Starts January 20</i>		4:30 - 5:30 FULL BODY GROUP X <i>Starts January 15</i>		
5:15-6:15 TRX <i>Kootenay Room</i>				

**Participants must be 15 years of age to attend classes



ARENA SCHEDULE

January – March, 2025

Schedule Subject to change. Visit rdck.ca/recreation for up to date information.

Included with Admission

Pre Registered Program

Public Skate on February 7 will run from 1:00-2:30pm.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		11:00am-11:45am ICE PUPS CLUB	11:00am-12:00 pm STICK & PUCK SKATE	11:00am-12:00pm PARENT & TOT	10:30-11:30am STICK & PUCK SKATE	
		12:15 – 1:30pm LUNCH HOUR DROP IN HOCKEY	12:15 – 1:30pm SENIOR DROP-IN HOCKEY	12:15 – 1:15pm PUBLIC SKATE	11:45am – 12:45pm LUNCH HOUR DROP IN HOCKEY	
3:30-4:30pm PUBLIC SKATE					2:45-4:15pm PUBLIC SKATE	
				6:00-7:00pm RINK RATS: FAMILY LEARN TO PLAY HOCKEY		5:30-6:30 pm PUBLIC SKATE
9:15-10:45pm ADVANCED REC HOCKEY	9:30-10:30pm ADULT/TEEN LEARN TO PLAY HOCKEY			9:45-11:00pm ADVANCED REC HOCKEY		

There are no public skates on the following days:

January 10th, January 17th, January 19th, February 13th - 16th February 21st and March 1st

Skate Rentals: \$3.00 + tax Helmet Rentals: \$3.00 + tax Skate & Helmet Combo: \$5.00 + tax