LEISURE GUIDE

Slocan Valley Recreation
Spring & Summer 2019

Registration for programs starts
Monday March 11th
Office Hours:
TUESDAY TO FRIDAY
9AM – 4PM
Please note: Hours can vary according to program commitments. You may wish to call 226-0008 to let us know if you are planning on coming by. There is a secure mailbox outside our door for registrations.

Mailing Address:
Slocan Valley Recreation
3036 Hwy. 6
Box 8, Slocan Park, BC,
VoG 2E0
Phone: 250-226-0008
Fax: 250-352-9300
Email: slocanvalleyrec@rdck.bc.ca

Registration
Prices do not include taxes; 5% GST will be added to most programs (children’s programs exempt).
Registration is required for most programs and payment must be received before you will be registered. There are a limited number of spaces available in most programs and registration is first come, first served. Please register at least 1 week in advance of program start date to avoid disappointment due to a program being full or cancelled due to lack of enrollment.
We accept cash, cheque, debit, Visa and Mastercard. Cheques or money orders can be made payable to Slocan Valley Recreation. NSF cheques will have a $20 admin fee. If mailing a cheque or putting in our dropbox please add 5% GST (except for children’s programs) or we will not be able to process your registration. Also, include your name, phone number and the course(s) you are wishing to register for.

How to Request a Refund, Credit or Transfer:
Full refunds are considered for most courses without penalty, up to 1 week prior to program start dates. Please see our full cancellation policy at www.rdck.bc.ca or at the Slocan Valley Rec office. Call 250.226.0008 for more information.

Register Early!
To avoid program cancellation or disappointment due to a program being full.
Please note: Sometimes, due to unforeseen circumstances, there may be changes to course details (times/dates/locations). Please contact the office if you wish to confirm course information.
HIGHLIGHTS

• Toddler Yoga
• Easter Egg Hunt
• Spring Mushroom Walk
• Red Cross Lake Swim
• Vegetable Garden Planning

Online Registration
www.rdck.ca/recreation

In Person
Stop in at our office in Slocan Park

Information
For more information about our programs and services, please email us at slocanvalleyrec@rdck.bc.ca

Visit us on Facebook to learn more about upcoming programs & events
www.facebook.com/slocanvalleyrec

SLOCAN VALLEY RECREATION
Slocan Park Hall, 3036 Hwy 6,
Slocan Park, BC V0G 2E0
250-226-0008 | www.rdck.ca

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Register online at www.rdck.ca
PRESCHOOL / EARLY YEARS

Parent n’ Tot Drop-in
Slocan Park Hall
Parents, drop in on Friday mornings with your children to enjoy socializing and share parenting ideas and info. Children can play with a variety of toys, as well as gym type equipment. A cozy corner is set up for the little ones with books and baby toys, the kitchen is open with tea and coffee, and tables are set up for visiting and eating your own snacks and refreshments. Nelson Library Outreach will attend on the 2nd Friday of April, May & the 1st Friday of June with information on library resources and how to access them as well as some time for stories, rhymes, and songs with the children.
Fri, 10:00 am - 12:00 pm
Apr 6 - Aug 23
$ Free

Toddler Yoga
Katerina Koinakis
Slocan Park Hall
Ages 2-4yrs
Come and have fun with your favourite little natural Yogis to a class made especially for them and you to enjoy. There will be lots of stretching, playing and laughter. An initiation to Yoga demonstrating Asanas, Pranayama and Relaxation for kids in interaction with their parents. Please bring water and wear comfortable clothing (no jewelry please). If you have a yoga mat please bring it with you.
Tu, 11:00-11:45am
$ 54/session

Session 1:
Apr 2- May 7
00008230

Session 2:
May 14- June 18
00008231

Register online at www.rdck.ca
Little Tots Dance & Ballet

Amber Old | Slocan Park Hall

Designed to inspire a love of dance, these classes introduce basic ballet movements while developing coordination, flexibility, balance, and strength. Overall physical fitness will be promoted in a fun, creative, and exciting manner especially designed for little ones.

Session 1: Apr 4 - May 9
Session 2: May 16 - June 20

Little Tots - Ages Walking – 3yr
Th, 3:30 - 3:55 pm
$48/session
S1: 00008233
S2: 00008235

Pre-Ballet - Ages 3-5
$4:00 – 4:25 pm
$48/session
S1: 00008237
S2: 00008240

Ballet - Ages 5+
4:35 - 5:15 pm
$54/session
S1: 00008241
S2: 00008242

Mini and Micro Soccer

4 – 6 yrs

Brent Kennedy, Winlaw & Slocan

Younger players can enjoy this unique opportunity to learn teamwork and foundational soccer skills. The 2019 season runs tentatively from April 16th to June 6th (dependant on weather & field conditions). Volunteer coaches are needed, and parent participation is encouraged. Practice sessions are ½ hour long and no games are scheduled at this level (pick-up games among groups welcome).

Mini Soccer - Participants who are turning 3 or 4 by December 31st, 2019

Micro Soccer - Participants who are turning 5 or 6 by December 31st, 2019

Schedules TBA April 16– June 6
Registration $45
Late Registration $70

Mini Brent Kennedy 00005329
Mini Winlaw 00005330
Mini Slocan 00005333
Micro Brent Kennedy 00005335
Micro Winlaw 00005336
Micro Slocan 00005337

Final Registration Date
March 29th

These deadlines are important to the success of the season as it allows our office adequate administration time. Late registrations will only be accepted if space allows and will incur an additional $25 charge. Schedules are based on coaches and the number of registrants. Actual Days and Times will be announced prior to start date. Financial assistance may be available. Please call for more info.

Register online at www.rdck.ca
Mycelium Kids
(PRO-D DAY)
Betty Burk Kooznetsoff
Passmore Hall
Learn basic mushroom identification, the life cycle of a mushroom and some fungi terminology in this very hands on workshop. Participants will learn to do a spore print and build a paper roll oyster mushroom kit to take home and grow their very own mushrooms. All materials supplied. Register early as class size will be limited.

Ages 5-10 yrs
Mon, 10:00 am – 12:00pm
April 8 (Pro-D Day)
$35 00008243

Ages 11+ yrs
Mon, 1:00 – 3:00 pm
April 8 (Pro-D Day)
$35 00008244

Red Cross Babysitting
(PRO-D DAY)
11-18 yrs
Betty Burk Kooznetsoff
Passmore Hall
New babysitters get valuable training in safety, coping with emergency situations, basic first aid and much more. For those planning to start babysitting or helping out more with siblings. A fun one-day program that includes a certificate, issued upon completion.

Mon, 9:00am-4:00pm
May 27 (Pro D Day)
$55 00008279

Please bring a lunch, water and a doll/stuffed animal.

Pottery Kids!

Ages 4-12
Peggy Frith, BFA;
Emma Hunter, KSA Graduate
Good Pottery at Fabulous Farm
Give your children the gift of creative problem solving and have awesome doorstops, paperweights and gifts for relatives! Pottery encourages fine motor skills, neural development and is lots of fun! It also strengthens focus, attention & critical thinking, develops hand-eye co-ordination & visual-spatial skills. In this structured class we start and finish a new project each day, and also play interactive and tactile games. All materials and firing are included.

Fri, 3:30- 5:00pm
May 3 - June 14 (no class may 17)
$195 00008386

Please wear clothes that can get messy and clay covered.
Slocan Valley Mixed Soccer League
6-14 yrs
Brent Kennedy, Winlaw & Slocan

Focused on fun, team spirit and skill development our league plays and practices twice a week in the Slocan Valley. The 2019 season runs tentatively from April 16th to June 8th (dependant on weather & field conditions). Volunteer coaches are needed, and parent participation is encouraged. Registration is now underway and the earlier we receive registrations, the better we can be at having schedules out early.

We reserve the right to move a child to the level which may be most appropriate and will do everything possible to make the teams even and fair. Requests to move players to another level due to size or ability should be received by our office by March 31. Players will be assigned to a team based on location. We cannot accommodate requests to be on the same team as other players. These policies are to ensure that everyone has a good experience, makes new friends and that we honour the true spirit of teamwork.

**U8**
Participants who are turning 7 or 8 by December 31st, 2019

**U10**
Participants who are turning 9 or 10 by December 31st, 2019

**U14**
Participants who are turning 11 – 14 by December 31st, 2019

Schedule TBA April 16– June 8
Registration $70
Late Registration $100

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<tr>
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<td>U8 Winlaw</td>
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<td>U8 Slocan</td>
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<td>U10 Mt. Sentinel</td>
<td>00005341</td>
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<tr>
<td>U10 Winlaw</td>
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<tr>
<td>U10 Slocan</td>
<td>00005343</td>
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<tr>
<td>U14 Mt. Sentinel</td>
<td>00005344</td>
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<tr>
<td>U14 Slocan</td>
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Financial Assistance may be available for this program. Please give the office a call for details.

Final Registration Date March 29th
This deadline is important to the success of the season as it allows our office adequate administration time. Late registrations will only be accepted if space allows and will incur an additional $30 charge. Team Schedules are based on coaches and number of registrants. Actual Days and Times will be announced prior to Start date.

Volunteers Needed!
Want to help out by coaching or assisting a coach with a team? We offer training in the weeks leading up to the season start date and the chance to be part of a rewarding & fun experience. Coaches can have up to two of their children play for free. A criminal record check is required for all coaches and assistants.
We’re also looking for volunteers to help out with other aspects of the soccer season including equipment coordination, risk management and first aid, field maintenance and a parent contact person. Please give us a call if you’d like to volunteer.

Register online at www.rdck.ca
Red Cross Lake Swim

Ages 3 – 16 yrs
Slocan Lake, Village of Slocan

Join the fun! Give your children the opportunity to gain skills and experience that will help them be confident and safe when they swim in an outdoor environment. A certified Red Cross Swim Instructor will help participants achieve a badge and level certification in this unique swim program. We’ve scheduled the lessons to be in the middle of summer so that hopefully the weather and the lake will be at their warmest. Lessons offered from Preschool – Level 8. Lesson times will be determined by enrollment and are TBA.

Mon-Fri Jul 15-19 and Jul 22-26
(8 to 10 lessons weather dependent)
Preschool – Level 4 $60
Level 5 – Level 8 $75

Preschool 00008397
L1 00008346
L2 00008390
L3 00008391
L4 00008392
L5 00008393
L6 00008394
L7 00008395
L8 00008396

It is preferred for a parent/caregiver to be present during the class. Financial Assistance opportunities available. Please call the office for details.

Swim to Survive for Adults and Kids

8+
Slocan Lake, Village of Slocan

Did you know that most drownings occur within 15 metres of safety? As a community that loves to spend time in and around open water, having the skills to prevent drowning are essential. This is a Lifesaving Society program that provides simple basic training in the essential skills needed to survive an unexpected fall into deep water. Presented in a supportive environment, fun activities will be used to help kids and adults make the wise choices that prevent drownings. An important first step in being safe around water, it is different than swim lessons and not meant to replace them. Participants will learn how to recover from a disconcerting fall into water, roll and recover, tread water, self rescue, safely help a friend in danger and more! While this program is free pre-registration is required.

Children (ages 8-13)
Tu&Thu, 11:00am-12:30pm
July 16 &18
Free: Pre-registration Required
00008340

Adults (ages 14+)
Tu&Thu, 11:00am-12:30pm
July 23 & 25
Free: Pre-registration required
00008341
HEALTH & FITNESS

Tai Chi/Qi Gong

Daphne Fields
Brent Kennedy Elementary

Increase your suppleness and improve posture, general health and mind/body consciousness through this time honoured system of warm ups, stretching, kicks and slow deeply meaningful movements. Meant to encourage a daily routine that will relax, recharge and build will power. Pair and group work and a variety of qi gong including back strengthening. May include sword and staff depending on group level and interest. Daphne is a seventeenth generation Guang Ping Yang instructor, practicing since 1975 and teaching since 1986. Class is open to all levels in the spacious BK gym.

Wednesdays, 6:45 -8:15pm
$75/session

Session 1:
Apr 3 - May 8 00008287

Session 2:
May 15 - June 19 00008291

Please bring a notebook and pen, wear comfortable clothing and gym shoes.

Digestive Wellness

Cassandra Smith, Registered Holistic Nutritionist
Slocan Park Hall

Optimum digestion is the foundation of good health and healing. Join us for this 3-part interactive mini series on digestive wellness led by Nutritionist Cassandra Smith. In this workshop you will learn the basics of proper digestion and gain simple tools to improve your body’s use of nutrients and elimination of waste. During each session you will have the opportunity to apply your knowledge for better digestion today. This 3-part workshop is designed to set you up for success on the path to health and wellness! If you or someone you know has a health topic of interest, please let us know so that it can be incorporated into our discussions.

Cassandra Smith is a Registered Holistic Nutritionist based in the Slocan Valley. Her specialty is to empower people with chronic health conditions to make informed nutrition and lifestyle choices to improve quality of life. Interested in each person’s bio-individuality and unique expression of symptoms, she looks to address the root causes of your issues.

Sat, 1:00 - 3:00pm
Mar 30, Apr 6, Apr 13
$65 00008284

Intermediate Co-ed Volleyball

14+ yrs

Facilitator: Barry Doherty
Mt Sentinel School Gym

Enjoy a great workout and appreciate the action at this popular evening gathering of like-minded players. While everyone is certainly welcome, this is an experienced group that plays at a higher level of competition. No outdoor or marking footwear please.

Tu, 7:30pm - 9:30pm
Mar 9 - April 30
(Not Spring Break Mar 19 thru Mar 30)
$4 drop-in 00008406

Co-ed Drop-In Basketball

Adult
Winlaw Elementary
Facilitator: Rob Hay

Keep your feet moving and your heart pumping with some fast paced, community co-ed, drop-in basketball! No outdoor or marking footwear please.

Tu, 7:00pm - 9:00pm
Apr 2 – June 18
$4 Drop In 00008405

Register online at www.rdck.ca
Vegetable Garden Planning

Annie Rochette | Threads Guild

Take some of the mystery out of vegetable garden planning in this informative workshop. Annie will discuss how to plan based on your needs versus the size of your garden, soil preparation, adding compost and manure, choosing the right location for your plants based on soil and light, plant spacing, simple permaculture tips you’ll find helpful and much more. Bring a pad and pen and your questions.

Sun, 10:30am - 12:00pm  Mar 31
$25  00008299

Step Into Mycelium

Betty Burk Kooznetsoff & Dan Sookero
Passmore Hall

A great introduction to the many marvels of the fungi kingdom. In this fun and fact filled workshop you’ll learn basic mushroom structure, stages of development, myco terminology, identification techniques and information on growing mushrooms “from a kit” in your home and garden. There will be a slide presentation on Dan and Bet’s projects and some of their local wild and cultivated harvests. Cardboard spawn transfer and spore prints will also be explored during this popular workshop. You will make an oyster mushroom kit to take home to grow either indoors or in your garden. All materials supplied. This is a very popular workshop so register early as class size will be limited.

Sat, 9:30am - 12:30pm  May 11
$85  00008313

Dress for the weather as we will be outside to make the kit.

Companion Planting with Mycelium

Betty Burk Kooznetsoff & Dan Sookero
Passmore Hall

Learn about the important benefits of a mycorrhizal partnership in your garden and landscape projects. You will get to meet a few of our garden myco friends and see how their mycelium benefits your plants. Betty and Dan will share some of the little garden projects and participants will build, inoculate and plant an on site garden spawn bed. Each participant will make their own myco garden planter which they can take home, nurture and attempt a transfer into their own garden projects. All materials supplied. Register early as class size will be limited.

Sat, 9:30am - 12:00pm  May 25
$69  00008305

Dress for the weather as we will be working outside.

Spring Mushroom Talk and Walk

16 yrs+

Instructor: Rob Macrae
Threads Guild/Various locations

This popular program fills up quickly, so please register early. Learn to identify and gather a variety of local spring mushrooms and develop an appreciation for their many fascinating qualities and characteristics. Biologist Robert Macrae will share his extensive knowledge in an interesting presentation and guided expedition.

Sun, 10:30am - 3pm  May 5
$30/person or $50/Two  00008338

Please bring a basket, gardening gloves, water, your lunch, a notebook, pen, appropriate clothing for the outdoors and footwear for rough terrain. No dogs please.
Novice Watercolours
Terry Austin-Beech, MA
Crescent Valley Hall

Students will explore saving whites, brush calligraphy, lifting and layering with a little magic added through the use of acrylic mat gel medium. Complete three small paintings using a combination of these basic techniques. Students will be supplied with a Watercolour Paint starter kit to take home with them. Please bring the following Watercolour brushes (not Acrylic brushes): a Round #8 and a Flat ½", a small water container (a tuna can works well) and an old kitchen towel.

Sat, 2:00 - 6:00pm  Apr 6
$59  00008286

Glass Mosaic
16+
Rabi’a
Rabi’a’s Studio, Winlaw

In this class you will create and finish a small piece of glass mosaic on either glass or mirror. You’ll have the added benefit of creating your masterpiece in Rabia’s studio space. It will be something that you can reasonably finish in 5 to 6 hours. All materials supplied. These classes fill quickly so register early!

$110 (includes materials)

Session 1
Sa, 9:00 am-3:30 (ish) pm  April 13
00008298

Session 2
Sa, 9:00 am-3:30 (ish) pm  June 1
00008290

Please bring a lunch, water, and dishwashing rubber gloves.

Make a Pottery Fermentation Crock
16+ | Peggy Frith, BFA; Emma Hunter, KSA Graduate
Good Pottery at Fabulous Farm

A big project for all levels of potters. You’ll learn all the major hand building techniques, throwing/trimming on the wheel, slipcasting and surface decoration. Students will have the opportunity to make other small forms as we practice. Materials and firing included. Students will need to purchase a small set of tools (approx. $20) or students may make arrangements for tool rental with the instructor. Supply list available upon registration.

Fri, 6:00 - 9:00pm  May 3 –June 14
(no class May 17)
$325  00008387

Open Studio at Good Pottery
16+ | Peggy Frith, BFA; Emma Hunter, KSA Graduate
Good Pottery at Fabulous Farm

If you want to make projects of your own design this class is for you. A 3 class introduction to making pottery while learning the basics of handbuilding, wheel throwing and glazes. Students will also learn all the basics of working in the studio and how to make forms that won’t explode in the kiln.. At the end, you will be eligible, as all our graduates are, to sign up for our Open Studio program times.

$125/3 classes
Session 1: Thu, 6:00 - 9:00pm
May 2 –May 23 (no class May 16)
00008388
Session 2: Thu, 12:00 - 3:00pm
May 30 –June 13  00008389

Open Watercolour Workshop
Terry Austin-Beech, MA
Crescent Valley Hall

Novice to intermediate painters may bring a project to work on with assistance from the instructor. There will be two demonstrations: one on modelling edges; and a second on sculpting shapes by way of lifting paint and applying washes. There is no prerequisite to this class. Students will provide all their own materials.

Sun, 2:00 - 6:00pm  May 26
$45  00008427
Red Cross Emergency 1st Aid with CPR-C

14+ yrs.
Instructor: Darcey Lutz
Crescent Valley Hall

A perfect course for individuals who want an expedited overview of First Aid & CPR for the home or workplace. The CPR-C component offers recently updated information on choking, heart attack and stroke while teaching techniques that can offer life-saving intervention to anyone in respiratory or cardiac arrest, and trauma. Instructions & certification on use of an Automated External Defibrillator is included. Red Cross Emergency First Aid with CPR-C is recognized by WorkSafe BC as equivalent to OFA Level 1. Certification is nationally recognized and current for 3-years.

Sat, 8:30am - 4:30pm May 25
$120 00008267

Must provide a current e-mail address to receive certificate. Please bring a notebook, pen, lunch and water.

Wilderness and Remote First Aid – Basic

14+ yrs
Instructor: Darcey Lutz
Crescent Valley Hall

Achieve a 3-year, nationally recognized certification upon completion of this excellent 20-hour course. Wilderness and Remote First Aid is perfect for anyone who works, plays, or travels off the highway. This program will give you the skills and knowledge to respond to medical emergencies in an outdoor setting, where help can take some time to arrive. Material from the Standard First Aid & CPR-C course, plus extended remote patient care for up to 24 hours. Competency in the outdoors is expected. 100% participation is required. Please come prepared to spend time outside; this course is NOT weather dependent. This course is a pre-requisite for the Advanced Wilderness First Aid Module which will be offered if there is enough interest. Manual, supplies, and 3-year certification are included.

Fr, 6pm-10pm Apr 12
Sa & Su, 8:30am-5:30pm Apr 13 & 14
$240 00005281

Please come prepared with food, a 24-hour day-pack, and dress for the weather. Must provide a current e-mail address to receive certificate.

Childcare Emergency First Aid

14+ yrs
Instructor: Darcey Lutz
Crescent Valley Hall

Learn what to do if a child inhales a grape and stops breathing. This 8-hour course is designed for early childhood professionals as well as for parents and caregivers. The course also includes an overview of first aid and cardiopulmonary resuscitation (CPR) with a focus on childhood illness and injuries, such as head and spine, wound care, and poisons. The latest first aid and CPR guidelines including injury prevention content, CPR B and AED is also covered. 3-year certification. 100% participation required.

Sat, 8:30am - 4:30pm June 22
$115 0008274

Must provide a current e-mail address to receive certificate. Please bring a notebook, pen, lunch and water.
Events

Easter Egg Hunt

Passmore Hall
0-6yrs

Families, bring your little ones and enjoy an Easter lunch with hot chocolate and hot dogs, easter crafts and the ever popular Easter Egg Hunt! Rabbit attire is encouraged and everyone is welcome. Hosted by the Kootenay Slocan Lions Club in partnership with Slocan Valley Recreation.

This is a FREE event but pre-registration is required so we can be prepared for all the little hopsters.

April 14
Sun, 11am-1pm
Free 00008255

SLOCAN PARK COMMUNITY HALL
MOTHER’S DAY PANCAKE BREAFAST

SUNDAY MAY 12, 2019
10AM

Please contact sloscanparkhall@gmail.com with any questions.

SUMMER CAMPS FOR KIDS!

Slocan Valley Recreation has a new programmer who will be working on creating a fun filled roster of summer camps. Stay tuned and watch for more details in our summer flyer, coming out this spring. If there are programs you’d like to see let us know.

You can call the office at 250-226-0008 or email us at slocanvalleyrec@rdck.bc.ca
Networks for New Parents (0-6yrs)
A free drop-in program that includes a healthy lunch, an exchange of maternity and children’s clothes & goods, and an opportunity to meet other families with children 0-6. Resources and information is available for young families.
3rd Thursdays of March, April, May, June
10am – 1pm Passmore Hall.

For More Info
Call Penny at
250-226-7605

SVECCAC supports families & young children with information, resources, programs, and events. To receive our E-Bulletins, call Jen at 250-355-0048, or e-mail:
valleyconnection@gmail.com

Passmore Lodge Spring 2019
Outreach Programs for Seniors 50+
CLASSES THROUGH APRIL 2019 !!!

Open Gym/Fitness – Tu/Th, 10-11:00 am
Yoga – Wednesdays, 10 am to Noon
Feldenkrais classes – Thurs, 11:00 am – 12:30 pm
Art Therapy – starts Jan 28th for eight weeks

SPRING SENIORS FITNESS WORKSHOP
With CATHY POTKINS PLEASE CALL FOR DETAILS!

For more information about these programs
please call Passmore Lodge 250-226-7136.
Programs are made possible through the
CBT CIP-AAP grants in RDCK Area H.

The Columbia Basin Alliance for Literacy offers free family and adult literacy programs and events in the Slocan Valley. Our goal is to help citizens of all ages improve their literacy skills and engage in lifelong learning.

To learn more contact Sayre Knight:
Phone: 250-226-6049
Email: sknight@cbal.org
Webpage: www.cbaL.org
Facebook: @Columbia Basin Alliance for Literacy – Slocan Valley

Special Events • Workshops • Performances • Grant Funding

We’re getting creative…..visit our NEW website!
slocanvalleyarts.ca

Become a member today! Contact: svcarts@gmail.com

Register online at www.rdck.ca
PASSMORE SENIORS ASSOCIATION
JOIN THE FUN AT PASSMORE HALL

FRIDAY NIGHT CARD GAMES
For Adults of All Ages
7:00 pm (Plus Refreshments)
WHIST & CRIBBAGE
$2 dropin - Winners Share the Pot or
Be the Lucky Loonie Loser!
Don't Sit at Home Alone-
Join our Fun Group of Seniors (55+) at our
MONTHLY SENIORS MEETING & NOON POTLUCK
2nd SUNDAY OF THE MONTH
For More Info Contact Jim or Barb: 250-226-6956

Curry's Excavating
EX-120 & 4 Ton Mini plus dumptruck
Wayne & Brenda Curry
owner operator/office manager
3946 Woykin Road
Winlaw, B.C. V0G 2J0
250-226-7661
valhallacur@hotmail.com

Soccer in the Valley
AGES 14+, YEAR ROUND
SUNDAY REGULAR SOCCER SCRIMMAGE
TUESDAY NON-CONTACT SOCCER SCRIMMAGE
FOR INFORMATION ON LOCATIONS/TIMES CONTACT:
JEROME: 250-226-6927 or
heavens.hammock.sv@gmail.com

Register online at www.rdck.ca
**Community Organizations at a Glance**

### COMMUNITY SERVICE & EDUCATION

- A.A. Passmore ........................................ 359-7817
- A.A. Slocan ........................................... 355-2454
- Bearsmart Hotline .................................. 359-6611
- CBAL (Community Literacy) ...................... 226-7605
- Dumont Creek Burial Society
- Cemetery .............................................. 226-7682 or 359-7984
- Elder Abuse Prevention ............................. 352-6008
- Fire Dept Crescent Valley Non-Emerg...... 359-7353
- Fire Dept Passmore ................................. Non-Emerg 226-7545
- Fire Dept Slocan .......................... Non-Emerg 355-2672
- Fire Dept Winlaw ................................. Non-Emerg 226-7353
- Library, Village Of Slocan ......................... 355-2355
- Kootenay/Slocan Lions Club ........................ 226-6774
- Nelson & District Hospice ........................ 352-2337
- Passmore Seniors Association ..................... 226-7758
- Presbyterian Church ................................ 355-2697
- Rural Alt. Research & Training Soc .............. 226-7957
- S.V. Arts Council ..................................... 226-7399
- S.V. Grassroots Grammas ........................... 226-7312
- S.V. River Farmers ................................ 226-6886
- S.V. Threads Guild Society ......................... 226-7703
- Slocan Integral Forest Cooperative ................ 226-7012
- Slocan Valley Historical Society ............... 355-2230
- Slocan Valley Legion Branch ...................... 276 355-2672
- Slocan Park Improvement District ............... 226-6876
- Slocan River Streamkeepers ....................... 226-7339
- Slocan Valley TV Society ............................ 226-7182
- S. Slocan Hospital Auxiliary ...................... 357-7864
- U.S.C.C Branch 17 ................................ 226-7578
- W. Kootenay Kennel Club .......................... 226-7154
- Worldsign Comm. Society ........................... 355-2408

### CHILDREN & FAMILY

- Appledale Children’s Centre ....................... 226-7844
- Brent Kennedy Children’s Centre ............... 359-5011
- Busy Beavers Daycare ............................... 359-7984
- Earth House Winlaw ................................ 226-7077
- Krestova Playgroup .................................. 359-6678
- P.A.C. Mt. Sentinel School ......................... 359-7219
- P.A.C. W.E.Graham School ......................... 355-2212
- P.A.C.Winlaw School ................................. 226-7217
- P.A.C Brent Kennedy School ....................... 359-7292
- S.V. Early Childhood Adv. Council ............... 355-0048
- Slocan Youth Centre ................................ 355-2484
- Valhalla Children’s Centre ......................... 355-2222
- Winlaw Childcare Centre ......................... 226-7559
- Winlaw Strongstart Centre ....................... 226-7217
- Whole School ....................................... 226-7737
- Wee Ones Daycare & Nursery School ............ 359-7404
- W.E. Graham Community Services .............. 355-2484

### FACILITIES

### CHURCHES & HALLS

- Appledale Hall Mabel 226-7577 or Willie 355-2320
- Crescent Valley Hall ................................ 359-7408
- Passmore Hall ........................................ 226-6956
- Junction Church ..................................... 359-5065
- S.V. Legion Hall ...................................... 355-2672
- Slocan Park Hall ..................................... 226-7301
- Threads Guild Hall .................................. 226-7703
- Vallican Heritage Hall .............................. 226-7448
- Vallican Whole Community Centre ............. 226-7957
- Winlaw Hall .......................................... 505-4923

### LEISURE & RECREATION

- Borderline Kayaking Club ........................ 359-2910
- Fitness Centre, Village Of Slocan ............... 355-2355
- Kootenay Martial Arts ............................... 359-7598
- S.V. Backcountry Access Society ............... 226-6960
- S.V. Community Complex Society ................ 355-2562
- S.V. Heritage Trail Society ........................ 1-888-683-7878
- S.V. Snowmobile Association ...................... 359-8118
- S.V. Archers Club .................................... 226-7999
- Slocan Badminton Club .............................. 355-2698
- Slocan Curling Club ................................ 355-2562
- S.V. Community Band ................................ 355-2459
- S.V. Outriders ........................................ 355-2397
- S. Slocan Sports Assc ............................... 359-7408
- Valley View Golf Club .............................. 226-7241 / 226-7112
- West Kootenay 8 Ball League ..................... 304-5414
- Winlaw Reg. & Nature Park Board ............... 226-7792

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**Buddy-Up With Slocan Valley Rec**

Have you always wanted to support the community but don’t know how? At Slocan Valley Rec our aim is to keep our programs affordable and accessible to all. You can help by becoming a Valley Rec Buddy! Here’s how!

Do you love photography or painting and want to help an aspiring artist fulfill a dream? Perhaps you’d like to support a future Olympic athlete or aspiring dancer? Or maybe you just love a specific sport but don’t play yourself anymore. By making a small donation you'll provide someone an opportunity to take a program or allow a program to run at an affordable price.

All donations don’t have to be monetary. Throughout the year we hold special events or activities that need people to assist us. We’d love to have you help so give us a call and let us know you’re available. Every donation is significant, greatly appreciated and will be used exactly as you request. You will be acknowledged (your name or anonymously) in the next issue of our Leisure Guide for your contribution to the vitality of our community.

Please call our office today for more information!

**All the fun that fits!**