# SUMMER CAMPS & PROGRAMS



#### **Camp Details**

**Hours of Operation:** 8:30 am - 4:30 pm Daily

#### **Additional Support**

Children who benefit from 1 to 1 support may be eligible to bring a family provided support worker during the 2023 summer camp season. Contact the Recreation Supervisor in your area for more information.

#### Check - in: 8:30 am - 9:15 am

Staff will start the check-in process at 8:30 am. Check-in will include ice breakers and warm-up games until all camp participants arrive. Please drop your child off on time so we can start the main activities on schedule.

#### Pick - up: 3:45 pm - 4:30 pm

Staff will ensure your child is at the designated pick-up location during this time. Parents are responsible for ensuring they confirm the pick-up location each morning and picking their child up no later than 4:30 pm.

#### Paddle Programs:

All programs indicating a portion of the day involving paddling will utilize equipment specifically designed for youth in a fun activity based environment to build the love of water sports. All participants will have an opportunity to use Stand-Up Paddle Boards and/or Kayaks depending on the weather, location and skill level of participants.

#### Withdrawal Guidelines

7 days advanced notice is required to receive a full refund for single day or multi day camps.

#### **Bring to Camp Checklist**

- Weather appropriate shoes for walking and running
- Hat, Sunscreen and long sleeve shirt
- Swimsuit and Towel
- Spare set of clothes
- Backpack with name visible on the outside
- Lunch and 2 3 snacks (no nuts please)
- 2 water bottles full of water
- Bikes, Scooters and Helmets on designated days

#### Safety of your child is our top priority!

Not Feeling Well? - Please stay home and get better! Please refer to the Cancellation Policy which can be found on our webpage at www.rdck.ca

#### We are here for you!

We encourage you to call your local RDCK recreation department to ask questions about Summer Camps prior to registering to avoid disappointment.

#### We want your Feedback!

Staff are committed to ongoing monitoring and evaluation of camps to continue to evolve our programs and practices to suit the interests of the community. Please contact us to share any comments and/or suggestions:

Lee Richmond, Junior Recreation Supervisor **Nelson & District Community Complex** Phone: 250-354-4386 ex. 5109

Email: LRichmond@rdck.bc.ca

# WEEK 1: JULY 3 - 7 | 8:30 AM - 4:30 PM

		J./2 :					
)=		MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7	
	PLAY & LEARN AGES 5 - 7	SUMMER BLAST-OFF Lakeside Park Beach Building Start summer off right with your friends at the park. Games, sports and tons of water activities will be sure to get you excited for a summer of fun in the sun! \$37   57063	Go back in time Play dino gar	DINO PALOOZA Lakeside Beach Building when the dinosaurs ro mes, make dino crafts, ost importantly don't ge \$110   57087	amed the lands. dig for fossils	ALL ABOUT NATURE  Gyro Park  Join us at Gyro where we will spend the day making crafts out of natural materials and playing tons of nature themed games.  \$37   57092	
	ORER 7-10	SUMMER BLAST-OFF Lakeside Beach Building Start summer off right with your friends at the park. Games, sports and tons of water activities will be sure to get you excited for a summer of fun in the sun! \$37   57083	create your own	MYSTERY MANIA  Gyro Park  mplete a mysterious scanystery tale. You spere and your afternoons a \$110   57089	nd your mornings	CAMP OLYMPICS Lakeside Beach Building Compete in your favorite Olympic sports with a summer camp twist. Relay races, target practice and unique camp gymnastics. Cool off in the lake in the afternoon. \$37   57093	
	SUMMER BLAST-OFF Lakeside Beach Building Start summer off right with your friends at the park. Games, sports and tons of water activities will be sure to get you excited for a summer of fun in the sun! \$37   57085		CRAZY CARNIVAL  Lakeside Beach Building  Step right up and join in on the fun!  Play all of our favorite carnival games, plus face painting and carnival themed crafts.  \$110   57090			BEACH PARTY  Lakeside Beach Building  Who doesn't love a day at the beach? Enjoy all your favorite beach activities like sand castle building, splashing in the water and beach limbo. We will end the day with our favorite games in the park.  \$37   57095	
	ADVENTURE AGES 10 - 13		Lakeside fun! I	SUMMERTIME VIBE Lakeside Beach Building Forget about homewor with all of the best Lake \$110   57096	n k and start your		

# WEEK 2: JULY 10 - 14 | 8:30 AM - 4:30 PM

#0-	MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
PLAY & LEARN AGES 5-7	WATER, WATER, WATER  Lakeside Beach Building  You guessed it, today is all about WATER! Swimming, water balloons, water painting and so much more!  \$37   57097	NIGHT AT THE MUSEUM  Gyro Park  Create your own masterpiece, sculpt a unique object and of course we will be visiting our friends at the museum for some extra fun!  \$110   57100			PIRATE PARTY  Lakeside Beach Building  Arrrrgh! Join us on an epic pirate adventure! Eye patches, maps and of courseTREASURE!  \$37   57138
PLORER AGES 7-10	X-MAS IN JULY  Gyro Park  Tis the season! Why wait to celebrate until December?  Today we will play reindeer games, make a Christmas craft and play everyone's favorite present games!  \$37   57098	We are going int	DUT OF THIS WORL Lakeside Beach Building tergalactic this week withorld. Launch rockets, letter and make your of the state	CRAZY COMPETITIONS  Lakeside Beach Building  Can you pass a ball 25 times without it hitting the ground?  Land a Frisbee in a bucket from 15 meters away? Build a 2 foot tall marshmallow tower?  Compete with your friends to see who can win the day!  \$37   57141	
EXP AGI	LOST TREASURE Lakeside Beach Building Have you ever heard the story of the Kootenay Pirates? Well today you will hear about them and go on a search for their long lost treasures. \$37   57099	Yee Haw! Play so sheriffs and band do si do. Spe	WILD WEST WEEK Lakeside Beach Building ome of your favorite old dits, gold rush and mayle end the afternoons make and cooling off in the v \$110   57102	timer games like be even do a little ing bandanas,	TRIPLE S: SWIMMING, SCAVENGER HUNT AND SLACKLINING Gyro Park The theme says it all, we will have a blast with the letter "S"! \$37   57142
ADVENTURE AGES 10 - 13		Tuesday and Ti A week dedicated to include, disc golf, paddle boarding.	TE, SCOOT AND PA Wednesday Location: Ari hursday Location: Lakesi o wheels, Frisbees and i, ultimate Frisbee, Frisb Bring your bike, scoote e park fun as well. Helm \$110   57137	e Gibbons Park de paddling. Highlights ee trick shots and r or skateboard for	

# WEEK 3: JULY 17 - 21 | 8:30 AM - 4:30 PM

		5./2	70(03	4 A A			
4		MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21	
	PLAY & LEARN AGES 5-7	SOS: SWIMMING, OCTOPUS TAG AND SCAVENGER HUNT  Gyro Park  All of your favorites all in one day!  Try not to smile all day long,  I dare ya!  \$37   57172	Learn about a that live under t	UNDER THE SEA Lakeside Beach Building all of the different types he sea. Try out a game elp build a sandcastle v \$110   57173	X-MAS IN JULY Lakeside Beach Building Tis the season! Why wait to celebrate until December? Today we will play reindeer games, make a Christmas craft and play everyone's favorite present games! \$37   57174		
	)RER 7-10	PIRATE ADVENTURE  Lakeside Beach Building  Arrrrgh! Join us on an epic pirate adventure! Eye patches, maps and of courseTREASURE!  \$37   57175	Super hero trainin	SUPER HERO WEEk Lakeside Beach Building ng, super hero games a week is sure to be SUI \$110   57176	BIRTHDAY BASH Lakeside Beach Building Happy Birthday! We will pretend like it's our very own birthday party and play all of our favorite birthday party games! A true lakeside birthday bash with games and swimming! \$37   57177		
	EXPLOR AGES 7-10	DUDE PERFECT DAY  Lakeside Beach Building  Create your own trick shots that would make the crew at  Dude Perfect proud. A day filled with fun, goofy challenges will keep you smiling all day long.  \$37   57178	a special day wit	CIRCUS ARTS  Gyro Park  in the circus! Balloons, h our good friends from each us tumbling and c \$110   57182	n Discover Circus	HIKE, BIKE AND SPLASH  Drop Off: Cottonwood Park Pick Up: Lions Park  Start the day at Cottonwood Regional Park for a beautiful morning hike. After lunch, we will ride our bikes to Lions park and cool off in the splash park! Helmets required.  \$37   57183	
	ADVENTURE AGES 10 · 13		Spend the we Biggest Sand ( and longest wa	ORLD RECORD WEI Lakeside Beach Building sek setting all sorts of C Castle, fastest egg on ti ter balloon launch. Try e of Camp's World Reco \$110   57190	amp Records. ne spoon relay your best to set		

### WEEK 4: JULY 24 - 28 | 8:30 AM - 4:30 PM

	MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28
PLAY & LEARN AGES 5-7	BEACH PARTY  Lakeside Beach Building  Who doesn't love a day at the beach? Enjoy all your favorite beach activities like sand castle building, splashing in the water and beach limbo.  We will end the day with our favorite games in the park.  \$37   57191	Super hero trainin	SUPER HERO WEEK Lakeside Beach Building g, super hero games a week is sure to be SUI \$110   57192	BIRTHDAY BASH Lakeside Beach Building Happy Birthday! We will pretend like it's our very own birthday party and play all of our favorite birthday party games! A true lakeside birthday bash with games and swimming! \$37   57193	
ORER 7-10	HARRY POTTER DAY  Lakeside Beach Building  Gryffindor, Hufflepuff, Ravenclaw or Slytherin! Spend the day doing all things Harry Potter! Get sorted, make a wand and play a game of Canadian Quiddich!  \$37   57194	Create your own of course we will	GHT AT THE MUSEU  Gyro Park  masterpiece, sculpt a ube visiting our friends aer lunch we will take a  \$110   57196	SKATE, SCOOT AND FRISBEE  Art Gibbons Park  A day dedicated to wheels and Frisbees. Highlights include, disc golf, ultimate Frisbee and Frisbee trick shots. Bring your bike, scooter or skateboard for some skate park fun as well. Helmet required.  \$37   57197	
EXPLOR AGES 7 - 10	CRAFTY CORNER  Lakeside Beach Building  Time to get creative and spend a day making a craft you will sure to be proud of. Let's get messy!  \$37   57198	Science and p Don't worry	ELLENT EXPERIME Lakeside Beach Building hysics! Wait, this isn't so, these experiments wi ou 0000ing and Ahhh \$110   57199	chool, you say. Il be sure to	WATER, WATER, WATER  Lakeside Beach Building  You guessed it, today is all about  WATER! Swimming, water balloons,  water painting and so much more!  \$37   57200
ADVENTURE AGES 10 - 13		Spend this wee	OK, PADDLE AND H North Shore Hall ek doing it all. One day chen, the next will be co ard and finally trekking \$110   57201	will be playing aptaining your	

### WEEK 5: JULY 31 - AUGUST 4 | 8:30 AM - 4:30 PM

	MONDAY 31	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
PLAY & LEARN AGES 5-7	LOST TREASURE Lakeside Beach Building Have you ever heard the story of the Kootenay Pirates? Well today you will hear about them and go on a search for their long lost treasures. \$37   57202	a special day wit	CIRCUS ARTS  Gyro Park  in the circus! Balloons th our good friends fror teach us tumbling and  \$110   57203	EXCELLENT EXPERIMENTS  Lakeside Beach Building  Science and physics! Wait, this isn't school, you say. Don't worry, these experiments will be sure to get you OOOOing and Ahhhhing!  \$37   57204	
ORER 7-10	BEACHSIDE BONANZA  Lakeside Beach Building  Who doesn't love a day at the beach? Enjoy all your favorite beach activities like sand castle building, splashing in the water and beach limbo.  We will end the day with our favorite games in the park.  \$37   57205	Spend the we Biggest Sand Ca longest wate	ORLD RECORD WE Lakeside Beach Building eek setting all sorts of Coastle, fastest egg on the balloon launch. Try you e of Camp's World Reco	HIKE, BIKE AND SPLASH Drop Off: Cottonwood Park Pick Up: Lions Park Start the day at Cottonwood Regional Park for a beautiful morning hike. After lunch, we will ride our bikes to Lions park and cool off in the splash park! Helmets required. \$37   57207	
EXPLO	\$37   57205  TRIPLE S: SWIMMING, SCAVENGER HUNT AND SLACKLINING Gyro Park The theme says it all, we will have a blast with the letter "S"! \$37   57208		SPY GAMES Taghum Hall have what it takes to b secret messages, comp se and don't leave any \$110   57209	BEACH PARTY  Lakeside Beach Building  Who doesn't love a day at the beach? Enjoy all your favorite beach activities like sand castle building, splashing in the water and beach limbo. We will end the day with our favoriteg ames in the park.  \$37   57210	
ADVENTURE AGES 10 - 13		Paddling, sw and some goo	BEACH LIVING Lakeside Beach Building vimming, beach volleyb od ol relaxation! Soak i of the simple beach life \$110 57211	all, spike ball n the comforts	

### WEEK 6: AUGUST 7 - 11 | 8:30 AM - 4:30 PM

H A 13		7.0		THURSDAY 10	
PLAY & LEARN AGES 5-7	MONDAY 7		CRAZY CARNIVA Lakeside Beach Build and join in on the fun! Pl plus face painting and c \$110   57212	ADVENTURE CAMP Cottonwood Park  Join us for an awesome day in the woods! Go on a short hike and look for anything that creeps or crawls. In the afternoon, practice your camping skills and play a game of camouflage. Finish the day off with a special treat. \$37   57213	
EXPLORER AGES 7-10	IMBIA DAY	out of this wor	OUT OF THIS WOF Lakeside Beach Build ntergalactic this week wi rld. Launch rockets and I nd make your own UFO. \$110   57214	HARRY POTTER DAY!  Lakeside Beach Building  Gryffindor, Hufflepuff, Ravenclaw or Slytherin! Spend the day doing all things Harry Potter! Get sorted, make a wand and play a game of Canadian Quiddich!  \$37   57215	
EXP AGE	BRITISH COLUMBIA DAN	NIGHT AT TO Gyro  Create your own masterpiec of course we will be visiting our extra fun! After lunch we w	be visiting our friends a	a unique object and t the museum for some	SKATE, SCOOT AND FRISBEE  Art Gibbons Park  A day dedicated to that special flying disc. Highlights include, disc golf, ultimate Frisbee, Frisbee trick shots. Bring your bike, scooteror skateboard for some skate park fun as well. Helmets required.  \$37   57217
ADVENTURE AGES 10 - 13		of home	COMFORTS OF HO Taghum Hall ek find ourselves enjoyin Backyard games, bakin crapbooking highlight thi \$110   57218	g the comforts g goodies and	

### WEEK 7: AUGUST 14 - 18 | 8:30 AM - 4:30 PM

	10 23	MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
	PLAY & LEARN AGES 5-7	CAMP OLYMPICS  Lakeside Beach Building  Compete in your favorite Olympic sports with a summer camp twist.  Relay races, target practice and inflatable bumper ball gymnastics.  Cool off in the lake in the afternoon.  \$37   57336	Step into the We will spend th listening to you	DISNEY LIFE Lakeside Beach Building world of your favorite D ne week playing Disney ur favorite songs and cr wn Disney masterpiece \$110   57337	SOS: SWIMMING, OCTOPUS TAG AND SCAVENGER HUNT  Gyro Park  All of your favorites all in one day!  Try not to smile all day long,  I dare ya!  \$37   57338	
£	. <b>RER</b>	DUDE PERFECT DAY  Lakeside Beach Building  Create your own trick shots that would make the crew at Dude Perfect proud. A day filled with fun, goofy challenges will keep you smiling all day long.  \$37   57339				SPLISH, SPLASH AND KICK  Lions Park  Spend the day enjoying all Lions Park has to offer. Start the day off with a good ol' fashioned game of kick ball and then cool off in the splash park.  \$37   57341
	EXPLOR AGES 7-10	HIKE, BIKE AND SPLASH Drop off: Cottonwood Park Pick Up: Lions Park Start the day at Cottonwood Regional Park for a beautiful morning hike. After lunch, we will ride our bikes to Lions park and cool off in the splash park! Helmet required. \$37   57342	a special day wit	CIRCUS ARTS  Gyro Park  in the circus! Balloons, th our good friends fron teach us tumbling and c \$110   57343	n Discover Circus	ARE YOU UP FOR THE CHALLENGE?  Lakeside Beach Building  Complete the obstacle course in less than 2 minutes, hula hoop on 1 foot for 30 seconds, pass a volleyball 50 times without dropping it. Think you can do it?  All this and so much more!  Come out for the day and give it a try!  \$37   57334
	ADVENTURE AGES 10 - 13		Spend this wee	OK, PADDLE AND F North Shore Hall ek doing it all. One day tchen, the next will be c pard and finally trekking \$110   57345	will be playing aptaining your	

### WEEK 8: AUGUST 21 - 25 | 8:30 AM - 4:30 PM

	MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
PLAY & LEARN AGES 5-7	RUN, JUMP AND SPLASH Lions Park  Test your skill as you navigate your way through multiple obstacle courses across Lions Park. Finish the day off with your friends in the splash park. \$37   57347	Decipher s	SPY GAMES Taghum Hall have what it takes to be ecret messages, complee and don't leave any r \$110   57348	OUTER SPACE EXTRAVAGANZA  Lakeside Beach Building  We are going intergalactic this week with fun games that are out of this world. Launch rockets and learn what it's like to be an alien and make your own UFO.  3, 2, 1BLASTOFF! \$37   57349	
ORER 7-10	EXCELLENT EXPERIMENTS  Lakeside Beach Building  Science and physics! Wait, this isn't school, you say. Don't worry, these experiments will be sure to get you OOOOing and Ahhhhing!  \$37   57350	reate your own mys	MYSTERY MANIA  Gyro Park  Inplete a mysterious sca tery tale. You spend you d your afternoons at the \$110   57351	ur mornings playing	HUNTS, OBSTACLES, WATER AND GAMES GALORE!  Lakeside Beach Building  Spend the day doing all of our favorite activities. Scavengers hunts, swimming, field games and obstacle courses  \$37   57352
EXPLOR AGES 7-10	WATER, WATER, WATER  Lakeside Beach Building  You guessed it, today is all about  WATER! Swimming, water balloons, water painting and so much more!  \$37   57353	Find that green thui and grow a garden	GOING GREEN Lakeside Beach Building mb of yours and learn h . Don't worry, this wee of time to play and cre \$110   57354	now to plant flowers k won't be all work,	HIKE, BIKE AND SPLASH  Drop-off: Cottonwood Park  Pick-up: Lions Park  Start the day at Cottonwood  Regional Park for a beautiful  morning hike. After lunch, we will  ride our bikes to Lions Park to  cool off in the splash park!  Helmet required.  \$37   57355
ADVENTURE AGES 10 - 13		Spend the different water	PADDLE CAMP Lakeside Beach Building week out on the water vessels. End the wee from Lakeside to Johr \$110   57356	r trying out k with an epic	

## WEEK 9: AUG 28 - SEP 1 | 8:30 AM - 4:30 PM

曹	<b>6</b> 23	MONDAY 2	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8
	PLAY & LEARN AGES 5-7	LOST TREASURE  Lakeside Beach Building  Have you ever heard the story of the Kootenay Pirates?  Well today you will hear about them and go on a search for their long lost treasures  \$37   57357	One last week to enjoy the best	SUMMER SEND-OF Lakeside Beach Building play all of your favourity beach activities and sport remover friends from the s \$110   57358	SUMMER SEND-OFF Lakeside Beach Building One last day to play all of your favorite summer games, enjoy the best beach activities and spend time with all of your new friends from the summer! \$37   57359	
2. E	CAMP OLYMPICS  Lakeside Beach Building  Compete in your favorite Olympic sports with a summer camp twist.  Relay races, target practice and inflatable bumper ball gymnastics.  Cool off in the lake in the afternoon.  \$37   57360  CRAZY COMPETITIONS  Lakeside Beach Building  25 free throws in a row?  Land a Frisbee in a bucket from 50 meters away? Build a 3 foot tall marshmallow tower?  Compete with your friends to see who can win the day!  \$37   57363		SUMMER SEND-OFF  Lakeside Beach Building  One last week to play all of your favourite summer games, enjoy the best beach activities and spend time with all of your new friends from the summer!  \$110   57361			SUMMER SEND-OFF Lakeside Beach Building One last day to play all of your favorite summer games, enjoy the best beach activities and spend time with all of your new friends from the summer! \$37   57362
			SUMMER SEND-OFF  Lakeside Beach Building  One last week to play all of your favourite summer games, enjoy the best beach activities and spend time with all of your new friends from the summer!  \$110   57364			SUMMER SEND-OFF Lakeside Beach Building One last day to play all of your favorite summer games, enjoy the best beach activities and spend time with all of your new friends from the summer! \$37   57365
	ADVENTURE AGES 10 - 13		Spen	SUMMER SEND-OF Lakeside Beach Building d one last day with all o avorite Lakeside Activitio \$110   57366	<b>7</b> of your	