



Job Description

Aquafit Instructor

Nelson & District Community Complex
Regional District of Central Kootenay

TITLE OF IMMEDIATE SUPERVISOR: Aquatic Programmer

TITLE OF IMMEDIATE SUBORDINATES: N/A

DEPARTMENT: COMMUNITY SERVICES – Recreation

SUMMARY OF POSITION:

Under the general supervision of the Aquatic Programmer, the Aquafit Instructor is a member of the Aquatics Team at the Nelson and District Community Complex (NDCC). The Aquafit Instructor will develop and deliver safe and enjoyable aquatic fitness classes for our customers. The employee must exercise care in routine dealings with other employees and provide assistance to patrons using the facility.

Success in this position requires a high degree of flexibility and an ability to work varying schedules to meet operational requirements.

ROLE AND RESPONSIBILITIES:

As an Aquafit Instructor, responsibilities include, but are not limited to:

1. Directly supervise assigned groups of participants
2. Organize equipment and materials before and after each class
3. Create a friendly and positive learning environment for all new and existing participants
4. Deliver safe, effective aquatic fitness classes that create a pleasant exercising environment for customers and enable them to achieve their aquatic and fitness goals
5. Demonstrate skills and include a variety of progressive exercises that will allow for all fitness levels to participate
6. Provide specific feedback in a positive and constructive way
7. Collect feedback from patrons & make suggestions to the Aquatic Programmer for improvements or changes
8. Promote and maintain good public relations towards any persons or organizations that could make use of the facility
9. Present a professional image to staff and customers
10. Follow all Nelson & District Community Complex policies and procedures
11. Regularly attend staff training and continuing education to stay current with industry trends
12. Perform other related duties and responsibilities as required

REQUIRED QUALIFICATIONS:

- Current CFES Aquafit Instructor Certification or Equivalent
- Current CPR C certification (attained within last 12 months)
- Current Standard First Aid
- Satisfactory Criminal Record

REQUIRED KNOWLEDGE, SKILLS AND ABILITIES:

- Independent decision making, problem solving and analytical skills
- Ability to communicate effectively with the public and staff, both verbal and written
- General fitness exercise information for apparently healthy individuals
- Strong inter-personal skills and comfort dealing with new people in a fitness environment
- Exceptional customer service skills
- Commitment to the RDCK values: Health and Safety, Integrity, Accountability and Respect

ACCEPTANCE:

I have read and discussed the expectations for this position. The associated tasks have been explained to me by my direct supervisor and I am prepared to accept these responsibilities.

_____	_____	_____
Employee Name	Employee Signature	Date
_____	_____	_____
Employer Representative Name	Employer Representative Signature	Date