REGIONAL DISTRICT OF CENTRAL KOOTENAY

NELSON & DISTRICT RECREATION COMMISSION NO. 5
OPEN MEETING AGENDA

9 a.m. – 12 p.m.
Tuesday, October 15, 2019
RDCK Board Room

COMMISSION MEMBERS

Commissioner Newell	Electoral Area F – Chair
Commissioner Faust	Electoral Area E
Commissioner Morrison	City of Nelson
Commissioner Page	City of Nelson
Commissioner Renwick	City of Nelson

STAFF

Stuart J. Horn	Chief Administrative Officer – RDCK
Joe Chirico	General Manager of Community Services – RDCK
Marty Benson	Manager of Recreation – NDCC
Ashley Chadwick	Administrative Assistant – NDCC – Secretary

1. CALL TO ORDER & WELCOME

1.1 CALL TO ORDER

Chair Newell called the meeting to order at _____a.m.

1.2 TRADITIONAL LANDS ACKNOWLEDGEMENT STATEMENT

We acknowledge and respect the Indigenous peoples within whose traditional lands we are meeting today.

1.3 ADOPTION OF AGENDA

MOVED and seconded,
AND Resolved that:

RECOMMENDATION:
The agenda for the October 15, 2019 Nelson & District Recreation Commission meeting be adopted as circulated.

Carried/Defeated/Referred

1.4 RECEIPT OF MINUTES

The September 17, 2019 Nelson & District Recreation Commission minutes, have been received.

2. STAFF REPORTS & UPDATES

2.1 NDCC Parking Update

The Commission Report dated October 10, 2019 from Marty Benson, NDCC Manager of Recreation, re: NDCC Parking Update, has been received.

2.2 NDCC 2019 Capital Projects Update

The Commission Report dated October 8, 2019 from Marty Benson, NDCC Manager of Recreation, re: NDCC 2019 Capital Projects Update, has been received.

2.3 NDCC Update

Marty Benson, Manager of Recreation, will provide a verbal update on the Nelson and District Community Complex.

3. NEW BUSINESS

3.1 Nelson & District Recreation Commission Vision, Mission & Values Discussion

Commission will discuss the vision, mission and values identified in the 2014 Nelson & District Parks & Recreation Master Plan.

4. NEXT MEETING

The next Nelson & District Recreation Commission meeting is scheduled for November 19, 2019 at 9 a.m.

5. ADJOURNMENT

MOVED and seconded,
AND Resolved That:

RECOMMENDATION:
The Nelson & District Recreation Commission meeting be adjourned at _____ a.m./p.m.

Carried/Defeated/Referred

REGIONAL DISTRICT OF CENTRAL KOOTENAY

NELSON & DISTRICT RECREATION COMMISSION NO. 5
OPEN MEETING MINUTES

9:06 a.m. – 11:43 p.m.
Tuesday, September 17, 2019
RDCK Board Room

COMMISSION MEMBERS

Commissioner Newell	Electoral Area F - Chair
Commissioner Faust	Electoral Area E
Commissioner Morrison	City of Nelson
Commissioner Page	City of Nelson
Commissioner Renwick	City of Nelson

GUEST DIRECTOR

Hans Cunningham	Director Area G – RDCK

STAFF

Stuart J. Horn	Chief Administrative Officer - RDCK
Joe Chirico	General Manager of Community Services – RDCK
Marty Benson	Manager of Recreation – NDCC
Ashley Chadwick	Administrative Assistant – NDCC – Secretary
Anne Gillender	Fitness Programmer – NDCC
Colin McClure	Chief Financial Officer – City of Nelson

DELEGATION

Iraleigh Anderson	Nelson Disc Golf Society – President
Louise Poole	Nelson Nordic Ski Club – President
Katie Weir	Nelson Nordic Ski Club – Board of Directors
Jamie Frederick	Nelson Nordic Ski Club – Board of Directors

1. CALL TO ORDER & WELCOME

1.1 CALL TO ORDER

Chair Newell called the meeting to order at 9:06 a.m.

1.2 TRADITIONAL LANDS ACKNOWLEDGEMENT STATEMENT

We acknowledge and respect the Indigenous peoples within whose traditional lands we are meeting today.

1.3 ADOPTION OF AGENDA

MOVED and seconded,
AND Resolved that:

Item 2.3 Nelson Leafs Hockey Society be removed from the agenda as the Nelson Leafs have decided not to present a revised Zamboni advertising proposal to Commission at this time and that the agenda for the September 17, 2019 Nelson & District Recreation Commission meeting be adopted as amended.

Carried

1.4 RECEIPT OF MINUTES

The July 23, 2019 Nelson & District Recreation Commission minutes, have been received.

2. DELEGATES

2.1 NELSON DISC GOLF SOCIETY

Iraleigh Anderson, from the Nelson Disc Golf Society presented on the Society's progress on getting disc golf courses established in the district.

MOVED and seconded,
AND Resolved that it be recommended to the Board that:

The Board provide a letter of support to the Nelson Disc Golf Society in their endeavor to find a location within the Nelson & District Recreation Commission No. 5's catchment, for the purposes of barrier free disc golf activity.

Carried

DELGATION ABSENT: Iraleigh Anderson left the meeting at 9:22 a.m.

2.2 NELSON NORDIC SKI CLUB

Louise Poole, Nelson Nordic Ski Club president, presented on the growth of Nordic skiing in the region and the Club's desire to work with the Nelson & District Recreation Commission in the future on land acquisition, construction of a new lodge and the purchase of a new groomer. Discussion ensued on possible reconfigurations of access points and amenities on the land the Club leases from six different land owners.

STAFF PRESENT: Anne Gillender joined the meeting at 9:28 a.m.

DIRECTOR PRESENT: Hans Cunningham joined the meeting at 10:02 a.m.

RECESS/ RECONVENE The Meeting recessed for a break at 10:04 a.m. and reconvened at 10:13 a.m.

DELGATION ABSENT: Louise Poole left the meeting at 10:04 a.m.

3. CORRESPONDENCE

3.1 FATHER/SON/DAUGHTER HOCKEY

The letter from Duane Aronson on behalf of Father/Son/Daughter Hockey, regarding their request for the youth ice rental rate at the Nelson & District Community Complex Arena for Father/Son/Daughter Hockey has been received.

Discussion ensued and Marty Benson provided an overview of ice rental fees at the Nelson & District Community Complex. A draft Fees & Charges Bylaw will be presented to the Board in May 2020 through the All Recreation Committee with expected implementation in September 2020.

MOVED and seconded,
AND Resolved that:

The Commission approves charging the Father/Son/Daughter Hockey user group the youth rate for the 2019/2020 ice season, and further that the Commission provide a letter to this user group advising them that the RDCK is currently undergoing an ice policy review and creating a Fees & Charges Bylaw that may impact future ice rentals.

Carried

4. NDCC FITNESS PROGRAMER INTRODUCTION

Marty Benson, NDCC Manager of Recreation introduced Anne Gillender, NDCC Fitness Programmer. Anne provided a verbal overview of her role at the NDCC.

Additional Information Provided:

ANKORS Events at the NDCC

Joe Chirico noted to Commission that ANKORS has worked with the NDCC on encouraging inclusive use of the facility. ANKORS put on several All Bodies Swims and collaborated with the NDCC on an All Bodies Fitness Class. In August an All Bodies event organized by ANKORS at the NDCC resulted in some controversy and NDCC staff received a number of phone calls from concerned individuals from outside the region. Staff were able to deal with the situation and the event went on without any issues.

2019 Festival of Programs

Marty Benson noted that the NDCC Festival of Programs is taking place in the NDCC Arena Concourse Wednesday September 18, 2019 from 5 p.m. – 7 p.m. Discussion ensued and Commission suggested that the NDCC consider the merits of doing two smaller Festival of Program events in the future. One in the fall and one in the spring to allow organizations the opportunity to showcase their groups in the appropriate season for their activities and putting on the events every 18-24 months.

5. STAFF REPORTS

5.1 NDCC SEASONAL HIGHLIGHTS – SUMMER 2019

The Commission Report dated September 4, 2019 from Marty Benson, NDCC Manager of Recreation, re: NDCC Seasonal Highlights – Summer 2019, has been received.

STAFF ABSENT: Stuart Horn left the meeting at 11:07 a.m.

Additional NDCC Highlights Provided:

Civic Arena Brine Tank Replacement Update

Marty Benson provided an update on the Civic Arena brine tank replacement. Canada West Refrigeration is the contractor currently on site preparing for the replacement of the brine tank. The main brine tank has not been shipped to the NDCC as of yet due to supplier delay to Canada West Refrigeration. The brine tank is expected to arrive at the end of September and may result in the start-up of Civic Arena being delayed for a week or more. NDCC staff will have to work with Civic Arena user groups on scheduling should the delay in start-up occur.

DIRECTOR ABSENT: Hans Cunningham left the meeting at 11:23 a.m.

Corridor Between NDCC Aquatic Centre & Housing Development on Front Street

Marty Benson and Joe Chirico provided an update on the access corridor between the exterior of the NDCC Aquatic Centre and the housing development under construction on Front Street by Culos Development Inc. Culos has proposed installing a pathway between the NDCC parking lot and Front Street, a landing pad outside of the NDCC pool waterslide, landscaping adjacent to both properties and exterior pathway lighting. In addition, a drainage line from NDCC Fitness Centre will be re-routed to a new catch basin located near Front Street. Project costs would be split 60% RDCK 40% Culos Development Inc. NDCC large equipment loading/unloading would be accessed near the current mechanical and loading area on Front Street. Emergency access by EMT's would be through the NDCC main entrance and elevator. It has been confirmed that a stretcher can fit in the NDCC elevator.

MOVED and seconded,
AND Resolved that it be recommended to the Board that:

A new capital project be approved for the Nelson & District Community Complex (NDCC) for the Front Street to NDCC Parking Lot Corridor project, for the budget amount of $25,000, funded through the reallocation of funding of the 2019 S226 Recreation Facility – Nelson and Areas F and Defined E Financial Plan with an additional $5,000 to come from Reserve.

Carried

6. NEXT MEETING

The next Nelson & District Recreation Commission meeting is scheduled for October 15, 2019 at 9 a.m.

7. ADJOURNMENT

MOVED and seconded,
AND Resolved that:

The Nelson & District Recreation Commission meeting be adjourned at 11:43 a.m.

Carried

RECOMMENDATION(S) TO THE BOARD OF DIRECTORS

1. *The Board provide a letter of support to the Nelson Disc Golf Society in their endeavor to find a location within the Nelson & District Recreation Commission No. 5's catchment, for the purposes of barrier free disc golf activity.*

2. *The Commission approves charging the Father/Son/Daughter Hockey user group the youth rate for the 2019/2020 ice season, and further that the Commission provide a letter to this user group advising them that the RDCK is currently undergoing an ice policy review and creating a Fees & Charges Bylaw that may impact future ice rentals.*

3. *A new capital project be approved for the Nelson & District Community Complex (NDCC) for the Front Street to NDCC Parking Lot Corridor project, for the budget amount of $25,000, funded through the reallocation of funding of the 2019 S226 Recreation Facility – Nelson and Areas F and Defined E Financial Plan with an additional $5,000 to come from Reserve.*

September 18, 2019

REGIONAL DISTRICT OF CENTRAL KOOTENAY

Commission Report

Date of Report:	October 10, 2019
Date & Type of Meeting:	October 15, 2019 Nelson & District Recreation Commission
Author:	Marty Benson, NDCC Manager of Recreation
Subject:	NDCC PARKING UPDATE
File:	0520-50-NDCC

SECTION 1: EXECUTIVE SUMMARY

The purpose of this report is to provide the Nelson & District Recreation Commission with an update on the proposed Nelson and District Community Complex (NDCC) Parking Control agreement currently being negotiated with the City of Nelson.

SECTION 2: BACKGROUND / ANALYSIS

The Nelson and District Community Complex was built as a regional facility, designed to attract facility users from a broad geographic area and diverse demographic background. As such, a number of facility users need to travel by vehicle in order to access the facility since walking or public transit are not realistic options based on distance to the facility, accessible public transit options and the need to carry large sport equipment.

As the NDCC caters to facility users from a wide geographic area it is expected that a high percentage of facility users commute to the facility in personal vehicles. This, coupled with non-NDCC facility users that park at the facility, has created a parking challenge.

A parking study was completed in December 2018 with results being shared at the February 19, 2019 Nelson & District Recreation Commission meeting. Key observations of the study include:

- The main NDCC parking lot was divided into 6 quadrants. The Curling Club parking spaces were counted separately.
- A total of 12,169 vehicles were counted during the project.
- A total of 256 parking violations were observed.
- Parking violations were observed at all times of the day.
- The length of time vehicles were left in the parking lot varied and detailed information on visit length was not collected.
- Between the hours of 12:00 P.M. to 5:00 P.M. the parking lot usage consistently averaged over 80% capacity.
- The Curling Club parking stalls were the least used spaces during the study averaging less than 27% capacity at most times. It should be noted the study was done at random times and may not have coincided with Curling Club service times.
- Parking violators left the NDCC parking lot and went in a variety of directions when leaving the grounds.
- It was observed businesses located closest to the NDCC appeared to have a high level of use of the NDCC parking lot.

Upon review of the parking study results Commission passed the following motion:

> That staff report on options to integrate the NDCC parking lot in to the overall City of Nelson parking strategy that would benefit the Nelson and District Community Complex.

After consultation with the City of Nelson, staff prepared three possible parking control scenarios and presented these to Commission on April 9, 2019:

> *Option 1 - Status Quo*
> *Option 2 - Security to Patrol Parking Lot at Select Times*
> *Option 3 - Pay Parking*

Upon review of these options Commission passed the following motion:

> That staff investigate public paid parking at the Nelson and District Community Complex with a rate structure that benefits the facility user, and further evaluate the implications it will have on improving the financial solvency of the Nelson and District Community Complex.

In response to this motion, three parking options were developed and presented to Commission on May 14, 2019:

> *Option 1 - Free Parking for NDCC facility users with Tracking and Patrol*
> *Option 2 - Pay Parking for Non-NDCC Facility users*
> *Option 3 - Pay Parking for All Parking Lot Users*

Upon review of these options Commission passed the following motion:

> That staff provide Commission with an additional parking patrol option: 3 hour parking strategy, at the next Nelson & District Recreation Commission meeting on July 23rd, 2019.

Staff consulted with RDCK Bylaw Enforcement and Corporate Administration Services to review options for enforcing a 3-hour parking limit in terms of the possible creation of a parking bylaw as well as possible enforcement options. Through these discussions it was determined the best option to move forward is to have the City of Nelson's bylaw and enforcement authority to ticket/tow a vehicle at the NDCC that is in violation of the NDCC User Only/3-hour Maximum parking restrictions.

Upon review of this information the following motion was passed:

> That the Board direct Staff to enter into negotiations with the City of Nelson on the development of an agreement for the patrolling of the Nelson & District Community Complex parking lots by City of Nelson Bylaw Enforcement operations and report back to the Nelson & District Recreation Commission at the October 15, 2019 meeting.

Staff have met with City of Nelson representatives and are currently working on models for consideration.

The first model would be a blend of NDCC staff/contractor monitoring the parking lot at select times with City of Nelson bylaw officers issuing parking tickets/towing. For example, a private company could be contracted as a lot agent to monitor the NDCC parking lot during selected times. Any person observed violating the parking conditions would have their vehicle information identified and this vehicle information passed on to the City's bylaw enforcement for ticketing. City of Nelson bylaw officers would come to the NDCC parking lot to issue tickets to identified vehicles.

The lot agent would inform any person, when possible, that parking a vehicle and leaving the NDCC parking lot will result in a parking ticket, regardless if they would be using the NDCC at a later time in the day. In addition, vehicles parked in excess of the 3-hour maximum time limit would also be ticketed.

This concept provides a flexible way of providing monitoring as year-round patrol is not required. Instead, parking patrol would be scheduled on an as needed basis at select times of the year or when an increase in parking violations have been reported.

The financial commitment with the City of Nelson for ticketing is currently being evaluated by the City. This includes any fines associated with the parking tickets.

Specific requirements that have been identified by the City of Nelson include:

1. That the lot agent patrolling the NDCC parking lot chalks the tires of vehicles deemed in violation (just as Bylaw officers would do).

2. That any complaints or ticket disputes would be automatically directed back to the NDCC/RDCK. City of Nelson bylaws don't want to be in the awkward position of regularly having to defend tickets that, although they issued them, they didn't actually observe the violation like they do in 99% of other cases.

3. While it's all at the discretion of bylaws, they have a general practice of towing vehicles once 3 unpaid parking tickets have accumulated. Since they'd be using their same software for the NDCC lot, if bylaws issue a ticket to someone at the NDCC that already has 3 unpaid tickets from Baker Street – or conversely, if they're on Baker Street issuing a ticket to a car that already has 3 unpaid tickets from your lot – they're expected to tow that vehicle at that point. Thus, they'd like RDCK authorization to treat the NDCC lot like any other parking in the city: repeat violators who don't pay will be towed.

RDCK staff will be meeting with City of Nelson representatives to further evaluate this concept as the proposal has uncertainty that needs further consideration. A major concern of this plan is the unknown amount of RDCK resources needed to administer outcomes of disputed tickets and towing. It is expected this administration time could prove to be significant and the NDCC is not equipped to handle these types of disputes within current operations.

A second option being explored will see all aspects of patrolling, ticketing and towing being managed through the City of Nelson's Bylaw enforcement operations. This structure would keep consistency with how City of Nelson parking tickets and towing are handled across the City. Bylaw officers would be required to chalk tires within the NDCC parking lots and return at a later time to check for vehicles that have been parked over the three maximum parking limit. This model requires more than double the time resources from City Bylaw officers as they will be required to make a second trip to the NDCC to check

vehicles. The City of Nelson will require further time to analyse both the costing and availability of staff resources for the implementation of this option. In time, with changing technology designed to reduce the amount of labour needed to patrol parking lots, the impact on City of Nelson bylaws may be reduced.

As staff continue to develop implementation strategies and operating agreements with the City of Nelson the NDCC parking lot continues to be a parking challenge. At this time staff propose to hire temporary parking patrol to act as a deterrent and educator for non-facility users parking at the NDCC. The temporary parking patrol will be done within existing NDCC financial resources.

SECTION 3: DETAILED ANALYSIS

a. Financial Considerations – Cost and Resource Allocations:

Included in Financial Plan: ☒ YES ☐ NO		**Financial Plan Amendment:** ☐YES ☒NO	
Debt Bylaw Required: ☐ YES ☒ NO		**Public/Gov't Approvals req'd:** ☐YES ☒NO	

Detailed Financial Analysis is currently being determined.

b. Legislative Considerations (Applicable Policies and/or Bylaws):

The RDCK does not have the power under the Motor Vehicle Act to regulate parking in the municipality. An amendment to the City of Nelson's parking enforcement bylaw may or may not be necessary.

c. Environmental Considerations:

Improved parking opportunities may result in less cars idling as patrons wait to find a parking space.

d. Social Considerations:

Increasing parking opportunities may help reduce a barrier to participation at the NDCC. The enforcement of a parking time limit should not negatively impact legitimate NDCC parking lot users.

e. Economic Considerations:

Increasing parking opportunities for NDCC users may increase participation rates at the facility, leading to increase revenue.

f. Communication Considerations:

A communication plan will be developed to inform the community and local businesses of the parking patrol initiative. This plan will include:

- Temporary signage will be installed at the NDCC in both the parking lot and facility.
- An article will be submitted to local papers to inform of the enforcement initiative.
- RDCK Website will be updated to reflect strategy.

g. Staffing/Departmental Workplan Considerations:

Staff will need to work with City staff/Contractors/RDCK staff on an ongoing basis to determine patrol schedules. Significant staff time may be required if ticket disputed become an ongoing issue.

h. Board Strategic Plan/Priorities Considerations:

Recreation, Parks and Trails

SECTION 4: OPTIONS & PROS / CONS

N/A

SECTION 5: RECOMMENDATION(S)

This report received as information.

Respectfully submitted,

Signature:

Name: Marty Benson, NDCC Manager of Recreation

CONCURRENCE	Initials:

General Manager of Community Services

REGIONAL DISTRICT OF CENTRAL KOOTENAY

Commission Report

Date of Report:	October 8, 2019
Date & Type of Meeting:	October 15, 2019 Nelson & District Recreation Commission
Author:	Marty Benson, NDCC Manager of Recreation
Subject:	NDCC 2019 CAPITAL PROJECTS UPDATE
File:	0520-50-NDCC

SECTION 1: EXECUTIVE SUMMARY

The purpose of this report is to provide an update to the Nelson and District Recreation Commission on the 2019 Nelson and District Community Complex (NDCC) capital projects contained within the 2019 Financial Plan.

SECTION 2: BACKGROUND / ANALYSIS

The 2019 NDCC Financial plan contains a variety of capital projects and purchases. These initiatives were deemed necessary to NDCC operations as they address either facility operations, public programming or building infrastructure improvements. This report will provide a brief update on each of these initiatives.

Replacement Floor Cleaning Machine.

- Purchase Price: $6,012. Original Budget $6,000
- This piece of equipment has been purchased and is in regular use at the NDCC.

Fitness Equipment Replacement

- Purchase cost: Up to $25,000 Original Budget $25,000
- Two major pieces of equipment have been purchased with the last order being finalized.
- Annual contribution to fitness equipment is required in order to address ongoing equipment lifecycle replacement.

Equipment Replacement for Paddle Rental Centre

- Purchase cost: $9,000 Original Budget $12,000
- 6 stand up paddleboards and 4 kayaks were purchased and put into operation at the Paddle Rental Centre in time for the 2019 summer operating season.
- New equipment made service more inclusive as it allowed heavier adults to safely access the water.

Waterslide Stair Landing Replacement

- Project cost: estimated at $20,000
- Project was not completed during 2019 aquatic centre shut-down.
- Project will be budgeted in 2020 as this work is required to maintain facility safety

- 2019 funding was reallocated to the approved Front Street to NDCC Parking Lot Corridor project. Total cost of corridor project projected to be $25,000.

Aquatic Centre Automatic Door Openers

- Project cost: originally estimated at $7,000
- Project will not be completed in 2019 as quotes for work came back at almost double the original estimate.
- Project will be budgeted in 2020 with updated projections.

Aquatic Centre Automatic Chlorine Shut Off Valves

- Project cost: Up to $5,000 Original Budget $5,000
- Work has been completed.

Civic Arena Brine Tank Relocation

- Project cost: Anticipated at $51,325 Original Budget $46,325
- Work is nearing completion with final inspection expected by mid-October.
- Safety relief valves were not included in original project scope. As a result, total project budget may exceed original project budget by approximately $5,000. Final costs are being gathered. If final project cost exceeds original estimate staff will recommend the reallocation of funding from the Aquatic Centre Automatic Door Openers project.

Staff provided Commission with an updated list of capital infrastructure projects at the May 15, 2019 Nelson and District Recreation Commission meeting. In this report three projects were highlighted as possible additions to the NDCC capital improvement plan including plumbing fixture upgrades; arena lighting upgrade; and tinting or sun shade installation on arena concourse windows. However, no funding has been identified for these projects in 2019.

Staff will evaluate and prioritize projects and initiatives as part of the 2020 S226 Financial Plan.

SECTION 3: DETAILED ANALYSIS

a. Financial Considerations – Cost and Resource Allocations:

Included in Financial Plan: ☒ YES ☐ NO		**Financial Plan Amendment:** ☐ YES ☒ NO	
Debt Bylaw Required: ☐ YES ☒ NO		**Public/Gov't Approvals req'd:** ☐ YES ☒ NO	

All capital projects were identified in 2019 Financial Plan.

b. Legislative Considerations (Applicable Policies and/or Bylaws):

N/A

c. Environmental Considerations:

N/A

d. Social Considerations:

N/A

e. Economic Considerations:

N/A

f. Communication Considerations:

N/A

g. Staffing/Departmental Workplan Considerations:

All projects contained within staff workplans.

h. Board Strategic Plan/Priorities Considerations:

Recreation, Parks and Trails

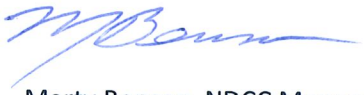
SECTION 4: OPTIONS & PROS / CONS

N/A

SECTION 5: RECOMMENDATION(S)

No recommendation. The report is received for information only.

Respectfully submitted,

Signature: 

Name: Marty Benson, NDCC Manager of Recreation

CONCURRENCE	Initials:
Choose an item.	
Choose an item.	
Choose an item.	

Purpose and Background

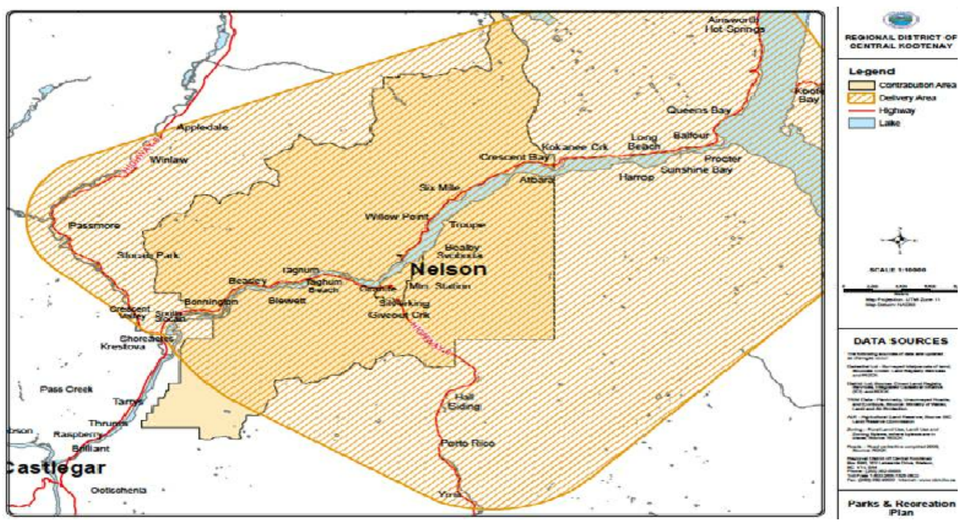
The purpose of the Parks and Recreation Master Plan Process was to:

- Support "*the Pursuit of Quality Leisure for a Healthy Community*" and more specifically, to "*set strategic work plan directions for the next five years for recreation facilities, parks, trails, recreation programs, and service delivery*".
- Prepare a plan that is community-based, inclusive, leverages the area's tremendous assets (natural and community), realistic, and financially prudent
- Ensure there is a shared vision and all parts of the service delivery system are working together

Master Plan Process

The process to complete the Parks and Recreation Master Plan has been built with community input as its foundation. A community survey, numerous focus groups and meetings with community leaders provided solid data and comment that informed the plan. The Recreation Commission and staff provided much helpful information and advice.

The Consultant team thanks all of those who provided input and advice to this project.



The study area included the City of Nelson and Electoral Area E, F, G, and H. The population of the delivery area is 23,873

revised to April 16 2014

***ALL DATA FROM NELSON AND DISTRICT PARKS AND RECREATION MASTER PLAN JAN 2014, DRAFT**

bruce carscadden ARCHITECT

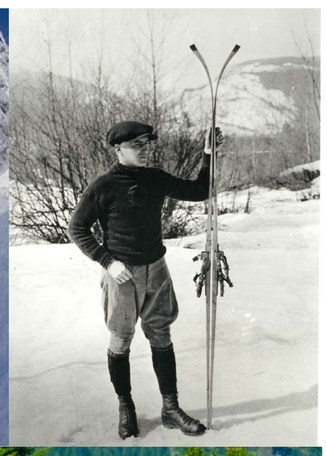
GARY YOUNG ASSOCIATES

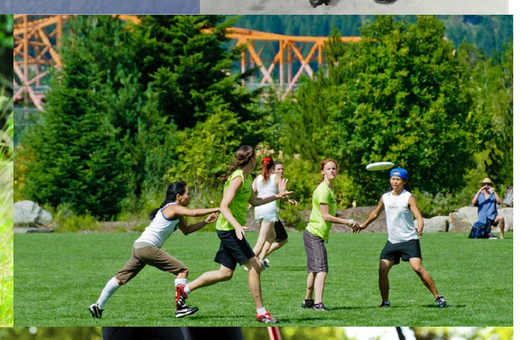
URBAN systems

NELSON AND DISTRICT parks and recreation master plan

Executive Summary

- Residents of Nelson and District are quite active in their leisure lifestyles with a particular interest in outdoor activities
- Regional and citywide parks are heavily used by a cross section of residents who are willing to travel to these amenities
- Services to support activities are provided by a number of governments and community partners
- Trails are heavily used and there is a desire to see these opportunities expanded
- Sports fields are overused partly due to use by community and school groups
- Community recreation complex is relatively new and is well used
- Exception is pool which is 42 years old and requires immediate significant repairs to protect investment
- Remainder of facilities in the recreation campus are functioning below their capacity and require a rethink
- Fees and charges are very reasonable in comparison with other communities in B.C
- Organized sport has a long tradition but participation is lower and requires a new approach





NELSON AND DISTRICT parks and recreation master plan

1

revised to April 16 2014

*ALL DATA FROM NELSON AND DISTRICT PARKS AND RECREATION MASTER PLAN JAN 2014, DRAFT

bruce carscadden ARCHITECT

GARY YOUNG ASSOCIATES

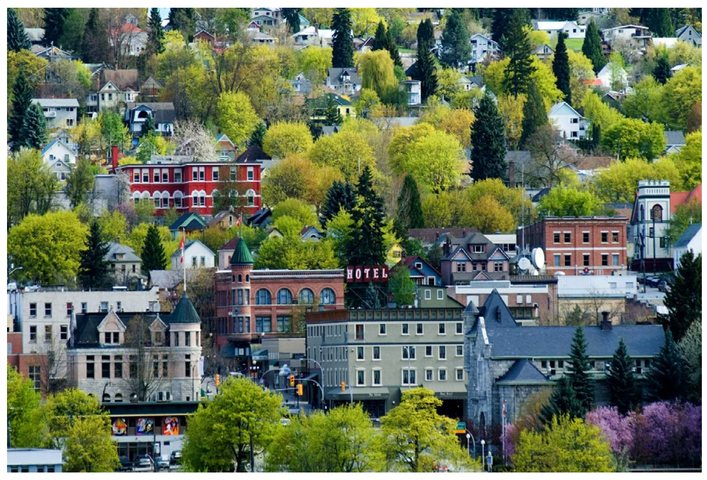
URBAN systems

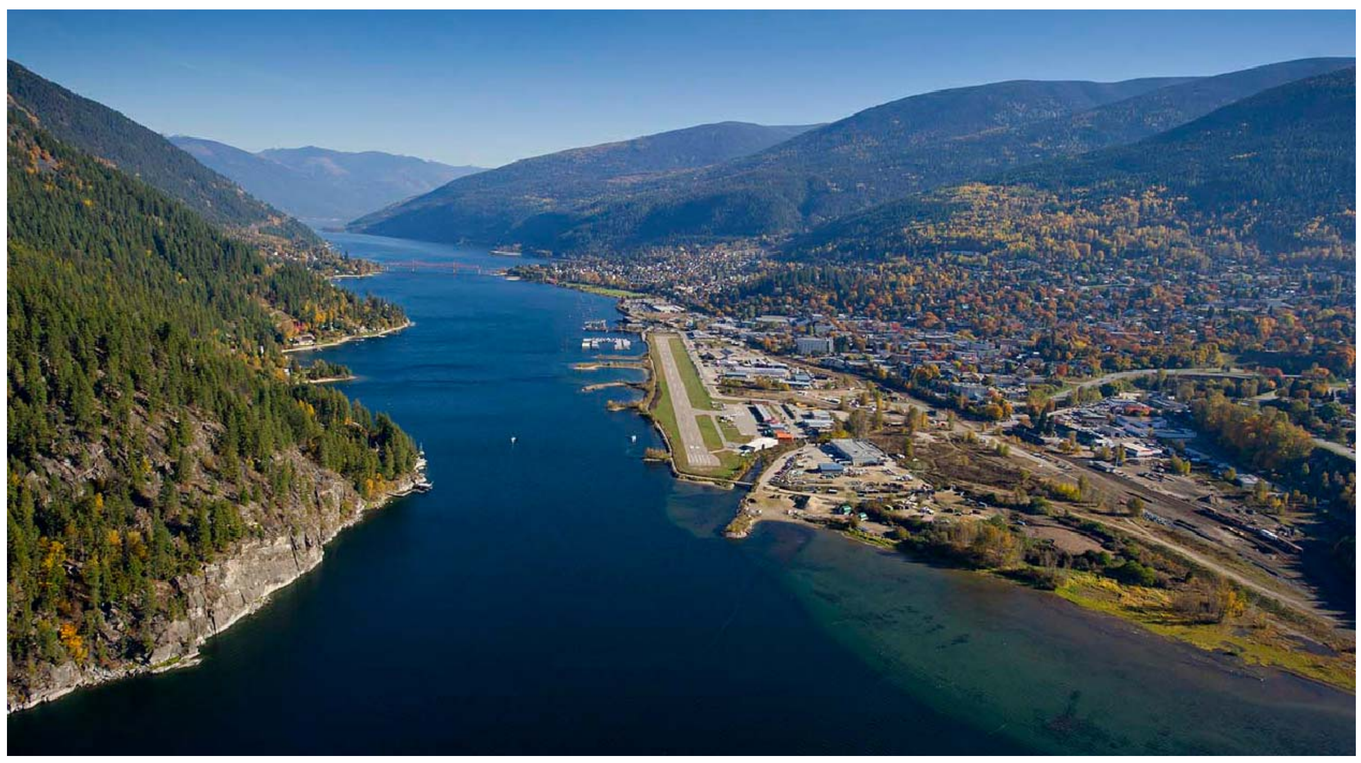
Demographics

New residents come to Nelson and surrounding areas for the following top 5 reasons**:

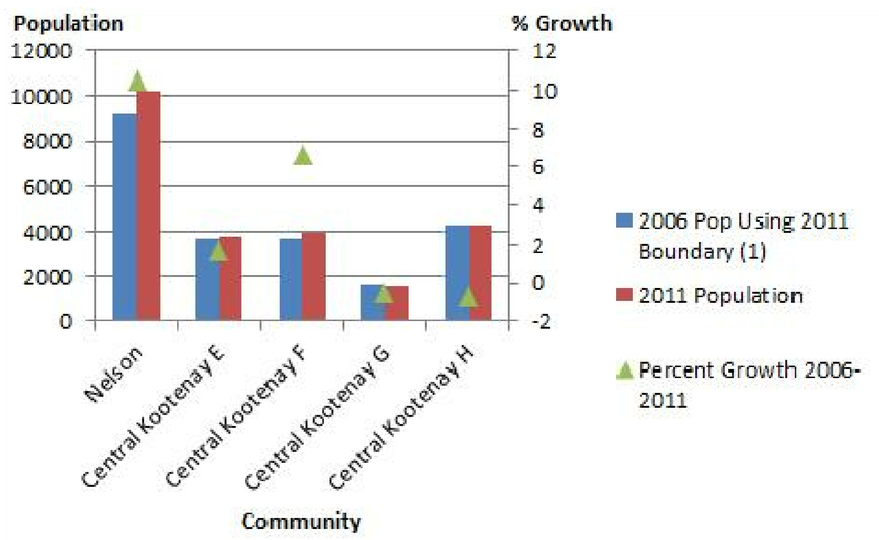
1. Lifestyle change
2. To be near family
3. A job opportunity of transfer
4. For the scenery/weather
5. To attend school

97% said the Central Kootenays have lived up to their expectations.



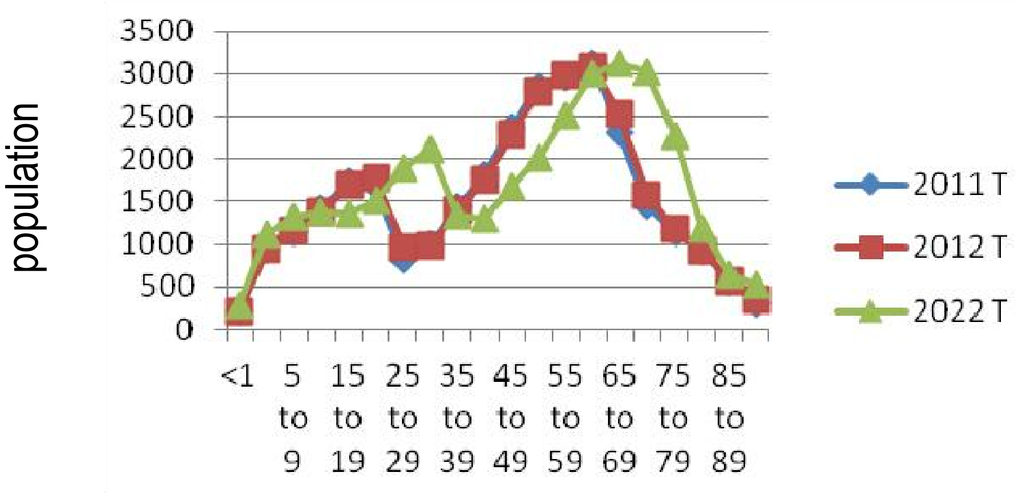


In 2014 Macleans Magazine voted Nelson as one of the top ten places to visit in Canada



BC Statistics projects that the RDCK will grow between 11% and 25% from 2010 to 2035

age distribution for the service area



The median age ranges from 40.9 for the City of Nelson to 47.4 for Area F. The median age for BC is 41.9. As a whole the area population is becoming older.

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**Community Futures of Central Kootenay Study

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Trends in Recreation

Customer Trends

- Increasing disparity between the "haves" and "have-nots"
- Perception of being rushed
- Shift in demand from formal to informal activities
- Desire by residents to be more involved
- Dramatic decline in volunteerism

Outdoor Recreation Trends

- Trail uses as the most popular activity
- Greatest needs are in relation to trails - connectivity, information, managing uses
- Changing types of facilities for youth
- Increasing interests in dog off-leash areas and urban agriculture

Age-specific Trends

- Patchwork of early-childhood-development programs and supports
- Uniqueness of "tweens"
- Youth physical inactivity epidemic
- Family-centred activities
- Healthier aging population

Indoor Recreation Trends

- Shift in demand for activities within indoor spaces.
- Expectation for "green" buildings.
- Demanding nature of aquatics on staffing levels
- Shift toward a variety of facility-provision strategies (i.e., collaboration with not-for-profits, the private sector, etc.)
- Aging infrastructure.

Service Delivery Trends

- Requirement for integrated solutions
- Connections being made between health and recreation
- Changing preferences in recreation and cultural activities

Parks and Recreation Workplace Trends

- A focus on delivering benefits
- Difficulty attracting and retaining instructors
- Greater expectations for excellence
- Highly fragmented consumer demand
- Increased accountability to community

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Why Invest in Parks and Recreation?

- Recreation and active living are *essential to personal health*, a key determinant of health status.
- Recreation is key to balanced *human development* and helps individuals reach their potential.
- Recreation and parks are essential to *quality of life*.
- Recreation *reduces self-destructive* and *anti-social behaviour*
- Recreation and parks build *strong families* and *healthy communities*.
- *Pay now* or *pay more later*! Recreation reduces health care, social service, and police/justice costs.
- Recreation and parks are significant *economic generators* for communities.
- Parks, open spaces, and natural areas are *essential to ecological survival*.

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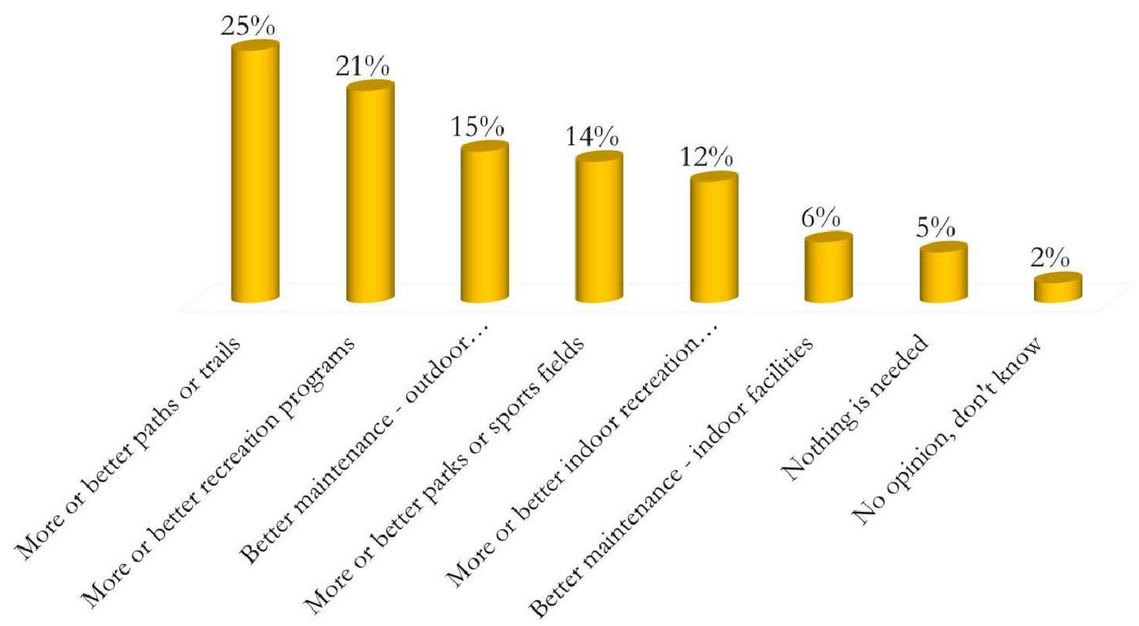
Broad Outcomes

Very high levels of satisfaction were obtained for:

- *Places for downhill skiing*
- *Larger popular parks such as Lakeside Park*
- *Places for cross country skiing and snowshoeing*
- *Amount and type of planting in parks such as flower beds, shrubs, trees*
- *Natural parkland and nature trails*
- *Waterfront and beach parks*

Survey respondents were **least satisfied** with:

- *Places to ride horses*
- *Outdoor skating rinks*
- *Youth outdoor spaces such as bike skills parks and places to skateboard*



Public Priorities

Vision Statement

The parks and recreation delivery area can best be described as a place where--

- All community members are healthy and active
- Recreation is an important means for building a sense of community and pride locally and regionally
- The spectacular outdoors and variety of indoor facilities are part of the community's daily life while also providing an important attraction for visitors
- The key service providers in the community work together to plan and deliver services that meet the recreation needs of all segments of the community (i.e. interests, ages, and barriers)

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Mission Statement

The Commission will encourage, support, facilitate, and where necessary, provide safe and supportive recreation opportunities ← **what**

… to benefit the health and vitality of all individuals, families, and communities within the Commission's area of responsibility ← **who**

... by creating a system of high quality and accessible parks, trails, recreation facilities, recreation services, volunteerism, special events,

… using a citizen-based decision-making process, a balanced and fiscally responsible planning approach,

… being committed to regional coordination and respecting the mandates of all levels of government and other service providers

← **how**

Value Statements

We believe that recreation is an important tool in building our communities.

- We recognize recreation as an important contributor to economic development and long-term sustainability and affordability.
- We support progressive, innovative, safe and positive recreational experiences for all members of our diverse communities.
- We remove barriers for the most vulnerable members of the community, balancing accessibility and affordability.
- We are committed to being a community of active and healthy citizens and families.
- We share resources equitably, respecting and cooperating with other service providers.
- We strive for transparent decision-making, good value for money, and proper planning for future decisions
- We provide a happy, safe and cooperative workplace, where staff, volunteers and customers are valued and respected.

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Recreation Commission Proposed Goals & Recommendations

1: Strengthen the community throughout the region
Provide indoor and outdoor spaces and opportunities where members of the community can connect. High-quality parks, recreation, and cultural assets foster community pride and identity.

2: Motivate individuals and families to be healthy and active
Play a central role in the physical, social, creative, intellectual, and emotional health of the community. The RDCK accomplishes this by providing, facilitating, or supporting a variety of recreation opportunities and spaces, effectively communicating these opportunities, motivating people to participate, removing barriers to participation, and encouraging families to recreate together.

3: Serve as stewards of the environment
Assume the responsibilities of educator, protector, and manager of significant natural environments, which include the landscapes, wildlife, and ecosystems that residents enjoy and value. Caring for the environment helps to provide local solutions to global issues while supporting outdoor recreation.

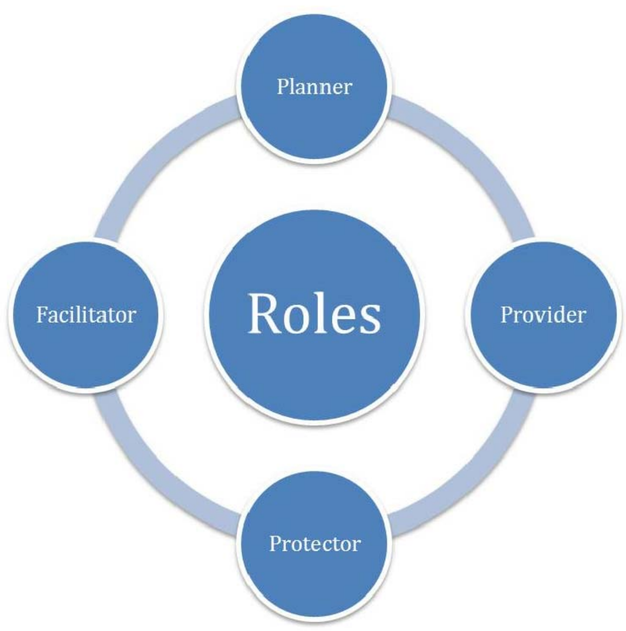
4: Contribute to a diverse and sustainable economy
Contribute to the regional economy by supporting local businesses, providing employment, purchasing goods and services, encouraging volunteerism, and contributing to the quality of life of community members. This, in turn, retains residents, attracts new community members, and attracts investment and visitors to the region.

Recreation Comission Recommendations

1. Assume the roles of planner, provider, facilitator, and protector.

2. Work within a community-development philosophy, train staff in community engagement, and include performance measures that recognize the facilitator role.

3. Explore a funding/decision-making model built on fairness and equity that provides support to all parks and recreation amenities that are accessed by those living in the service delivery area of this Master Plan.



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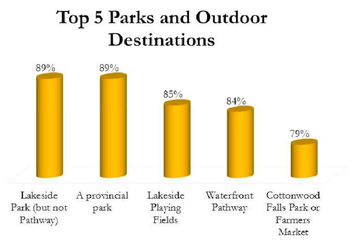
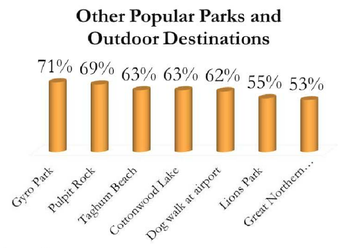
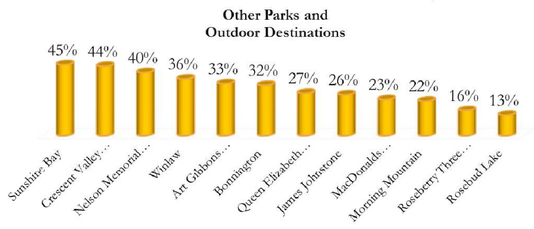
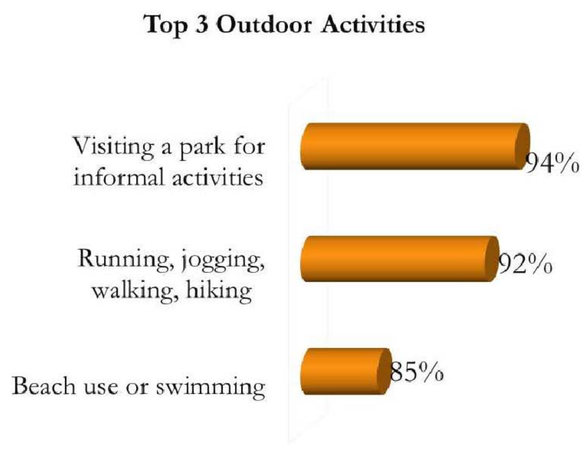
Parks Recommendations

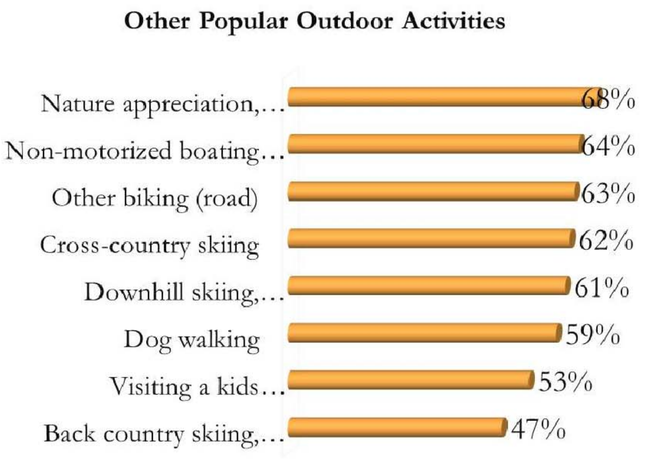
Parks and Open Spaces











4. Define regional parks as those that serve people from the region, with funding sources to match. Identify neighbourhood and community parks as those that serve local areas, with funding by municipal or local rural areas.

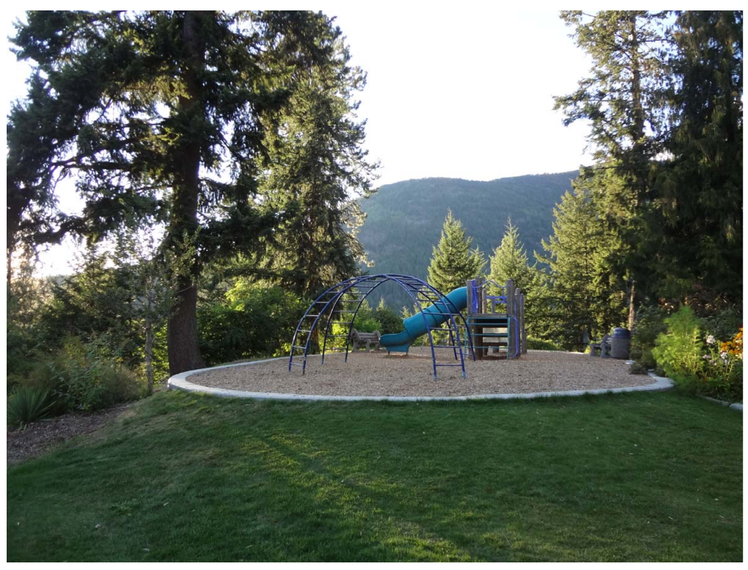
5. Work with other organizations on improving efficiency related to parks and trails, including planning, design, maintenance, programming, and booking.

6. Provide better information and communication to the public on parks, trails and sports and outdoor recreation programs by consolidating the information from the various organizations and providing it to the public through one portal or one inter-related set of portals.

7. Prepare a RDCK Regional Parks Master Plan with a vision, objectives and recommendations to achieve an effective, coordinated parks system.

8. Until such time as a Regional Parks Master Plan is prepared, the following are recommendations related to parks:

- Increase the amount of public green space along the waterfront in Nelson.
- In park design processes, involve the community and consider safety (Crime Prevention through Environmental Design, or CPTED), universal design, xeriscape, parking, alternative transportation, low maintenance design, and other items of interest to staff and the community.
- Cottonwood Falls Park – work on addressing social issues.
- Rosemont Park – increase parking, work with the biking group on the design of structures, and add signs related to liability.
- Lions Park – consider adding a loop path.
- Lakeside Park – prepare a park master plan that makes maximum use of the site, and addresses aging facilities and changing needs.
- Taghum Park – work on land tenure and management of park use, considering a park host.
- Cottonwood Lake Park – work on management of park use, considering a park host.
- Morning Mountain - support groups in their efforts to develop this site for sliding family sports in winter and mountain biking in summer.
- City transfer station –prepare a park master plan for the future of this site in collaboration with the City.
- Pulpit Rock – consider potential locations for parking, and consider or encourage a shuttle service.



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Trails & Fields Recommendations

Trails

9. Prepare a Regional Trails Master Plan with a vision, objectives and recommendations to achieve an effective, coordinated trail system.

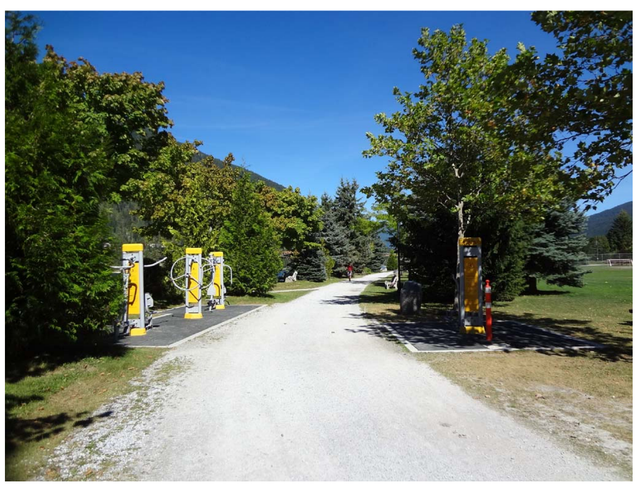
10. Until such time as a Regional Trails Master Plan is prepared, the following are recommendations related to trails:
    - Plan and implement trails through Nelson connecting major parks and other destinations, e.g., to and along the waterfront, connect Cottonwood Falls Park with a trail to the waterfront and Lakeside Park, mark the TCT route, and provide loop trails.
    - Provide trails that are universally accessible where possible, especially within Nelson and close to staging areas in parks.
    - Plan and implement connections from trails within Nelson to surrounding trail networks.
    - Install more directional, regulatory and interpretive signage.
    - Work with private landowners to establish condoned routes and methods for addressing trespass and liability.
    - Encourage the City and MOTI to include bicycle lanes in the road network.
    - Improve communication and coordination among all trail managers (RDCK, BC Parks, Ministry of Forests, Lands and Natural Resource Operations, City, private landowners willing to accommodate trails on their land) and users and undertake the following tasks as a group:
        a. Designate uses for each trail.
        b. Prepare a code of conduct and distribute the information widely, e.g., on signs, maps, brochures, website.
        c. Prepare maps that include all sanctioned trails, along with their permitted uses and trail rating, and distribute these widely, on signs, maps, brochures, website, etc.
        d. Develop systems for coordinating volunteer stewardship, e.g., adopt-a-trail program.
        e. For private businesses that use trails, establish a code of conduct, and potentially a permitting system, addressing training and liability.

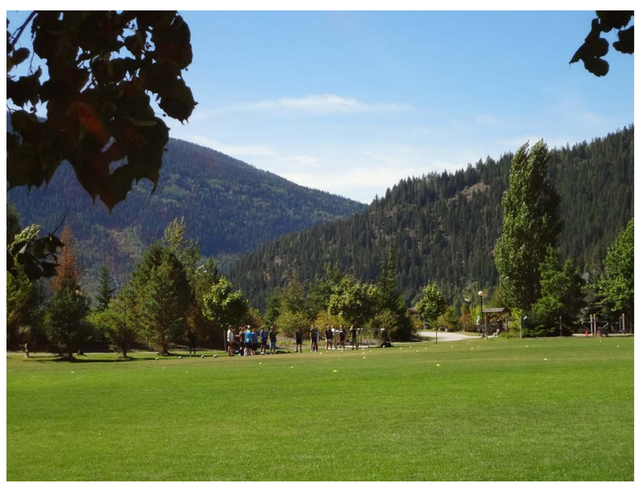
Sports Fields

11. Establish a task force composed of the RDCK, City, School Districts #8 and #93, community service clubs, and the Sports Council to develop a strategy for improving sports fields and for administering sports in the community. The role of the task force will include, but not be limited to, the following tasks:

    - Classify the level of each field, and match maintenance and field allocation to these levels, e.g., practices can occur on lower-level fields than games.
    - Review the membership and the roles and responsibilities of the Sports Council.
    - Develop a new agreement intended to maximize the use of community assets (including school sports fields) to increase recreation participation rates among the community and school students. This will include identifying selected sports fields to be upgraded.
    - Determine responsibilities for and levels of maintenance of sports fields.
    - Establish a field dedicated primarily to rugby, considering the Selkirk College field as an option.
    - Establish one primary portal for communication of sports-related opportunities, registration, and other related information and services.
    - Review fees and charges considering the new administrative structure, costs, participants, levels of fields, and rates in other jurisdictions.

12. When parks are being planned and redeveloped, work with the community to identify the facilities desired, including consideration of the amenities expressed in the survey and focus groups.





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Indoor Facility Recommendations

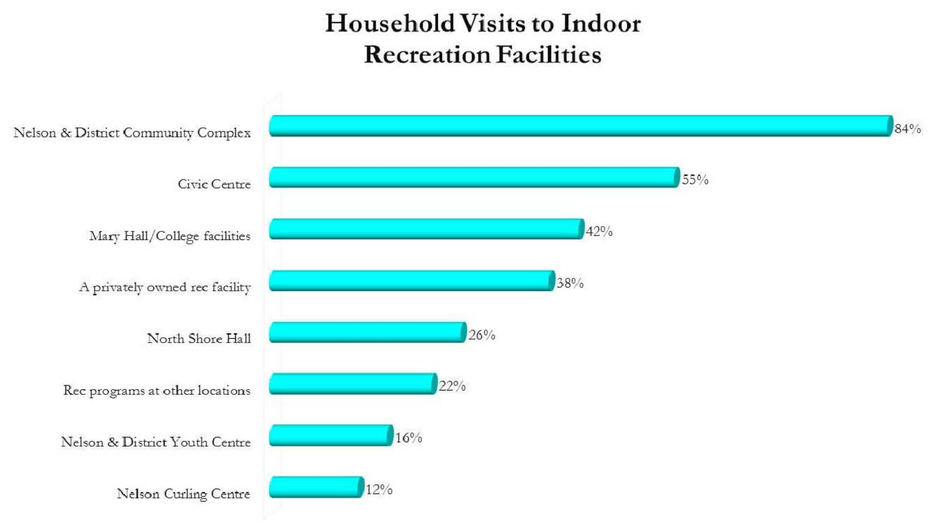
NDCC Recreation Campus Survey Results

High levels of satisfaction were obtained for:

- Ice arena at Nelson & District Community Complex
- Public fitness facilities with exercise equipment, weights room, indoor pool

Survey respondents were **least satisfied*** with:

- Spaces for seniors activities
- Spaces for childminding, family programs and preschool programs



NDCC Recreation Campus

13. Prepare a plan as follows for the Community Recreation Campus, including building and site improvements for review and comment by the public, user groups and consideration by the Nelson and District Recreation Commission, the City of Nelson and the RDCK:
    - Consider in the plan the following building additions, improvements, and repurposes as identified in the Master Plan and public input process: new gym and multipurpose room, additional fitness studio, dedicated childcare room, and increased administration office space. As well add a concrete floor to the current curling rink, consider a smaller curling rink facility (4 sheets) in the campus, and maximize the uses of the NDCC arena concourse
    - Include the following outside site improvements in the plan: improved vehicular circulation (giving priority to NDCC patrons), create linkages / way finding among buildings for the patrons, add outdoor seating and gathering areas, and give the site a park character with green space and trees

14. Respond to the end of lifespan conditions and required program driven alterations for the swimming pool with needed refurbishments as soon as possible:
    - Overhaul pool filtration / HVAC equipment
    - Add additional natural light
    - Create greater accessibility in pool facility and change rooms
    - Repair pool basin and add deck enhancements

15. Revise the entrance / front office area in the NDCC to facilitate scanned access to the facility by members holding bar-coded cards

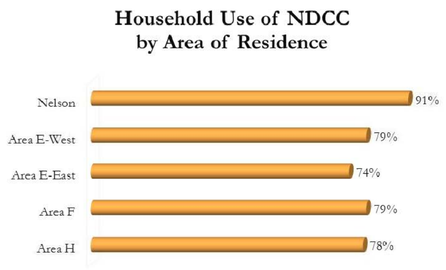
16. Make better use of the NDCC arena dry floor for programming and special events throughout the summer and transfer summer ice programs to the Civic Centre arena

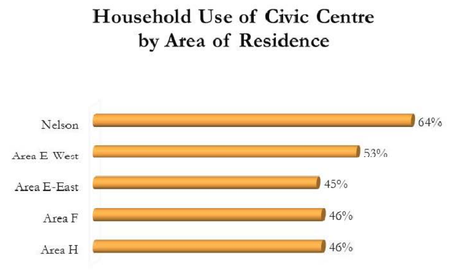
17. In cooperation with the School District (see chapter 6 regarding joint use), secure the use of school gyms in the evenings to support community sport and fitness programs.

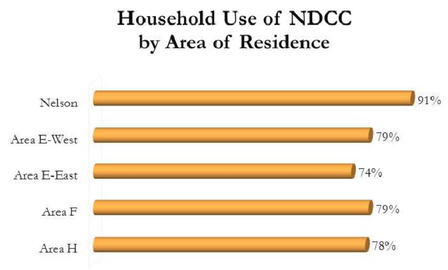
18. Develop other types of ice programs in the curling rink outside of curling hours (e.g., child and youth curling, broomball).

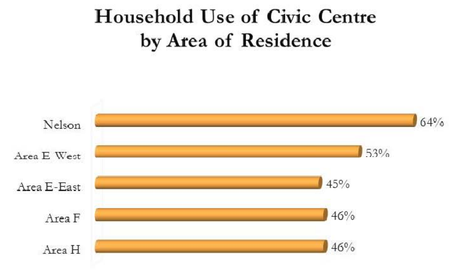
19. Provide more support to the various community halls e.g. administrative tools, marketing support, program-planning assistance, and major maintenance.

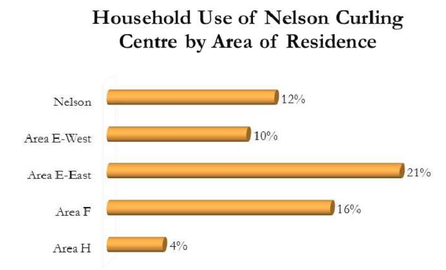
20. Consider engaging a building management service to oversee the long- term building and equipment maintenance programs for the RDCK parks and recreation division.

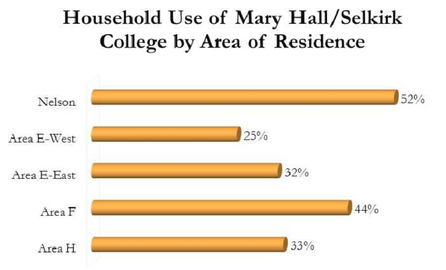


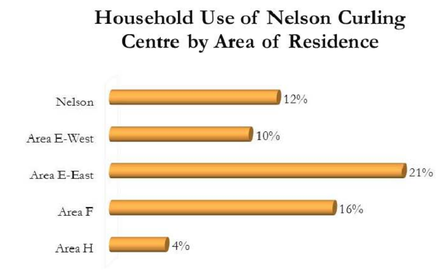


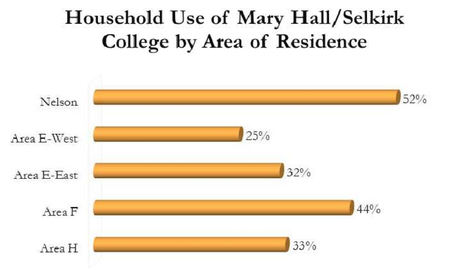












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Program Recommendations

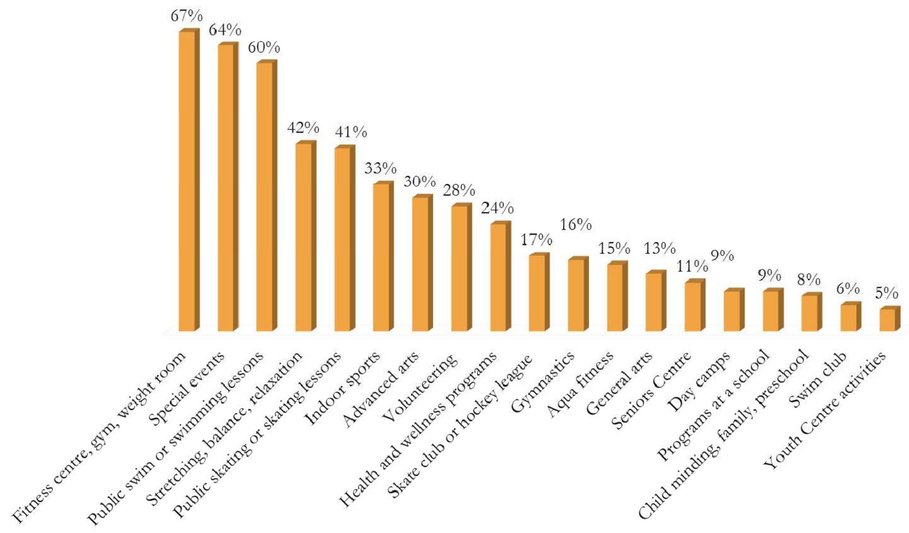
What are people doing?

High levels of satisfaction were obtained for:

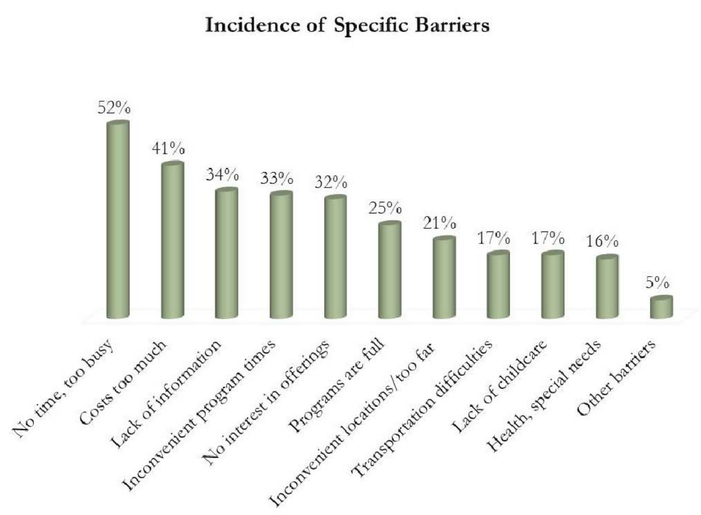
- Public swimming, lessons or programs
- Fitness programs such as pilates, step class, boot camp, low impact aerobics

Survey respondents were **least satisfied*** with:

- Recreation programs and activities for youth 13 to 18
- General recreation programs such as socials, bus trips, photography, etc..



What are the barriers to participation?



11%...indicated no difficulties

20%...mentioned one barrier

69%...two or more barriers

Program Recommendations

21. Identify outdoor recreation programs that align with the Commission's role and promote or provide where gaps exist
22. Create additional child-minding options to enable parents to work out in the afternoon, evenings and on weekends.
23. Design programs that specifically target tweens (children between 8 and 12 years of age), secure programming space where tweens go to school, and design marketing tools to reach those who are home schooled.
24. Work with NDYC staff to explore opportunities to support and expand their work and to bridge between NDYC activities and Commission programs.
25. Identify community and neighbourhood spaces close to home for recreation programming for older adults and seniors.
26. Collaborate with existing seniors' organizations to either offer or promote general programs and health and wellness programs with a social component in non-Commission facilities
27. Conduct a detailed review of current program offerings to resolve programming concerns and barriers to participation.
28. Review the cost/benefit of providing programs at the NDCC on holiday weekends, statutory holidays, and school breaks.
29. Work with people who have special needs and the community service organizations who have trusted relationships with this group to create new and modified programs and equipment.
30. Create a joint task force to include the City of Nelson, the RDCK, and School Districts #8 and #93 to develop a new Joint Use Agreement for better utilization of indoor and outdoor school facilities, NDCC-governed indoor facilities, and City and RDCK parks in concert with the improvement of sport fields (see recommendation 11).
31. Revitalize the role and mandate of the Nelson Sport Council to include facilitation of indoor and outdoor facility allocation meetings for sport, and to advise on planning and programming related to sports.
32. Explore the merit of a pass to provide access to all regional district drop-in activities.

Leisure Access/Financial Assistance

33. Work with referral agencies to fine-tune the current program and determine why so few people know about it.

Marketing and Communication

34. Develop a Marketing and Communication Plan

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